

# Peer Support at Moreton Bay College - The Inter Year Carer



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# What is an Inter Year Carer (IYC)?

- Year 11 student responsible for supporting and mentoring a small group of year 7 students with the transition from primary to secondary school



## What does the role of the IYC involve?

- Building positive relationships - rapport and trust
  - Assisting year 7s with organisation, time management and monitoring how they are managing socially and emotionally
  - Liaising with key staff involved in supporting year 7s
  - Aim is to support the wellbeing of year 7s and foster resilience and independence
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## How is the IYC Program organised?

- IYCs selected in term 4 of Year 10 following an application and interview process
- Year 11 leadership position
- 1 IYC per vertical Form Class, 8 per House
- Each IYC supports 4 or 5 year 7s in the same Form Class
- IYC Training Day
- Mentored by Head of House – weekly meetings

