



Where there's a Will

March 2015



Pete

Will

Melanie

Tom



26% of all Australia's youth are suffering some form of depression or anxiety of which only half will ever seek medical assistance in their lifetime.



Average age for onset of depression 50 years ago was 28 it is now **14 ½**.

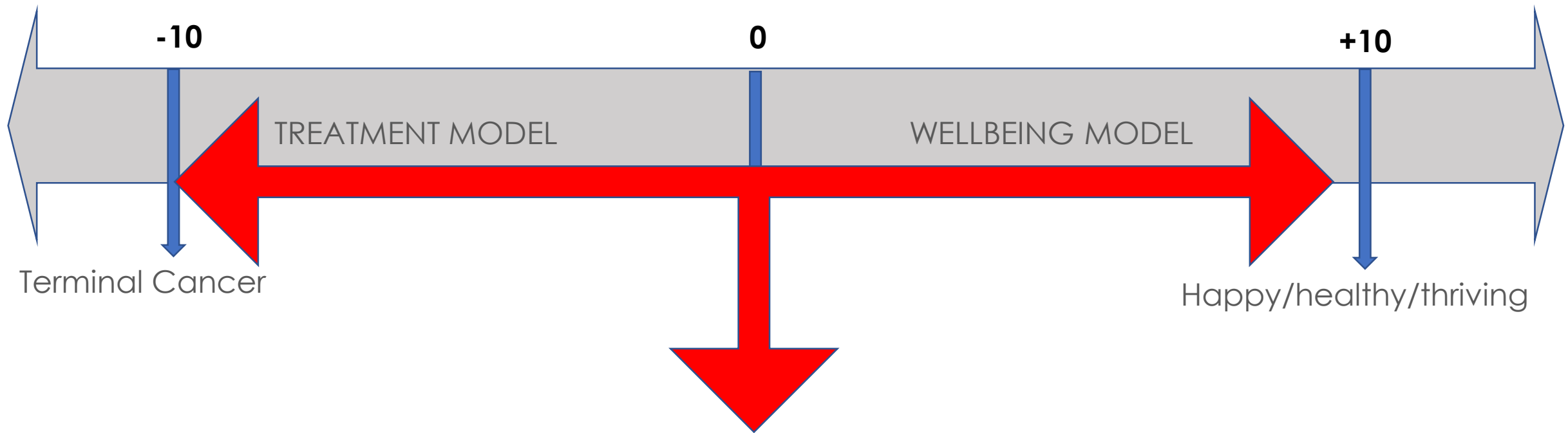


- When a young man leaves home tonight, he is all but 3 times more likely to die at his own hand than in a motor vehicle accident.
- Teenage girls and boys, when combined in this statistic are twice as likely to die at his own hand than in a motor vehicle accident.
- Girls attempt twice the rate of boys but are 5 times less likely to complete.



The World Health Organisation predicts that if nothing is done depression and anxiety will be the leading health burden globally by 2030. It is predicted to surpass heart disease , less than 11 years from now.

CANCER COUNCIL SUNSMART CONTINUUM



Cancer Council

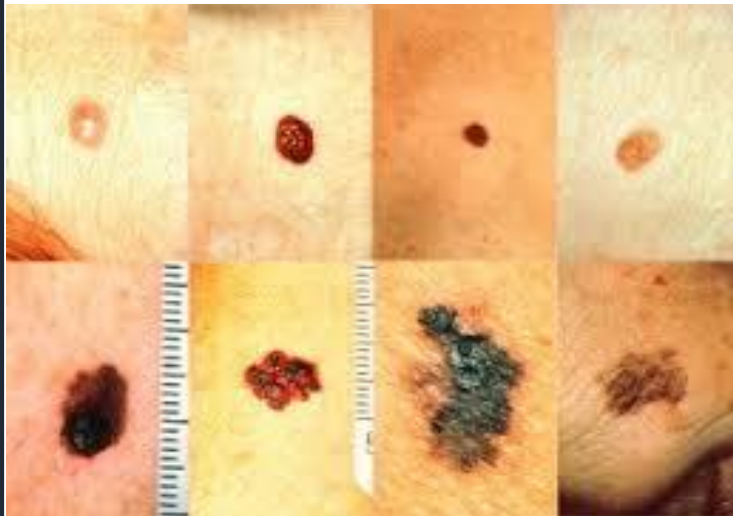
A pro active, holistic model of understanding and care



Diagrams 1-2 are examples of a person using a full length mirror and hand-held mirror to check their own skin.

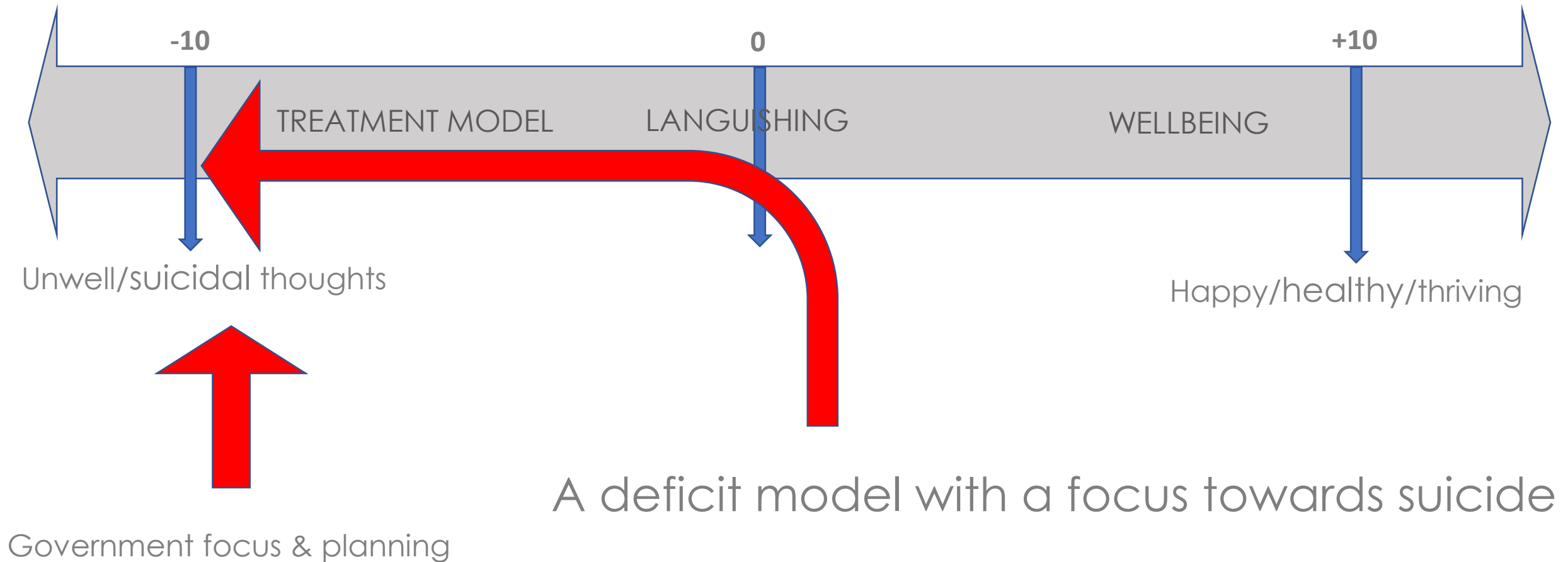


Diagrams 3-4 are examples of two people checking skin.

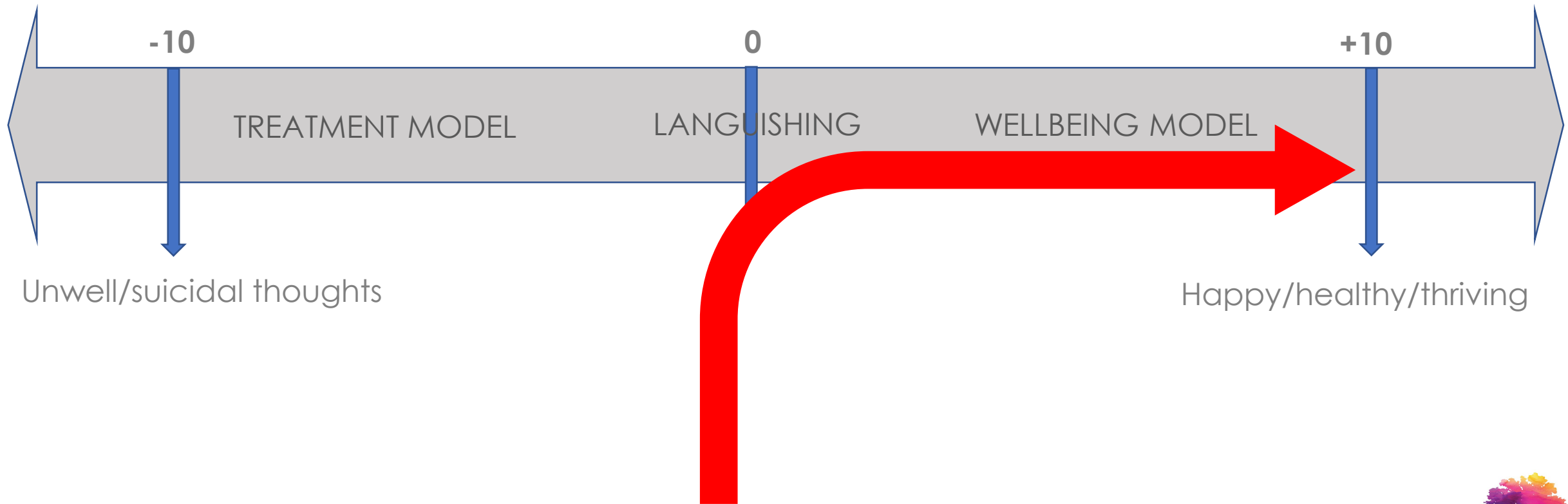


PREVENTION / AWARENESS / INTERVENTION / TREATMENT

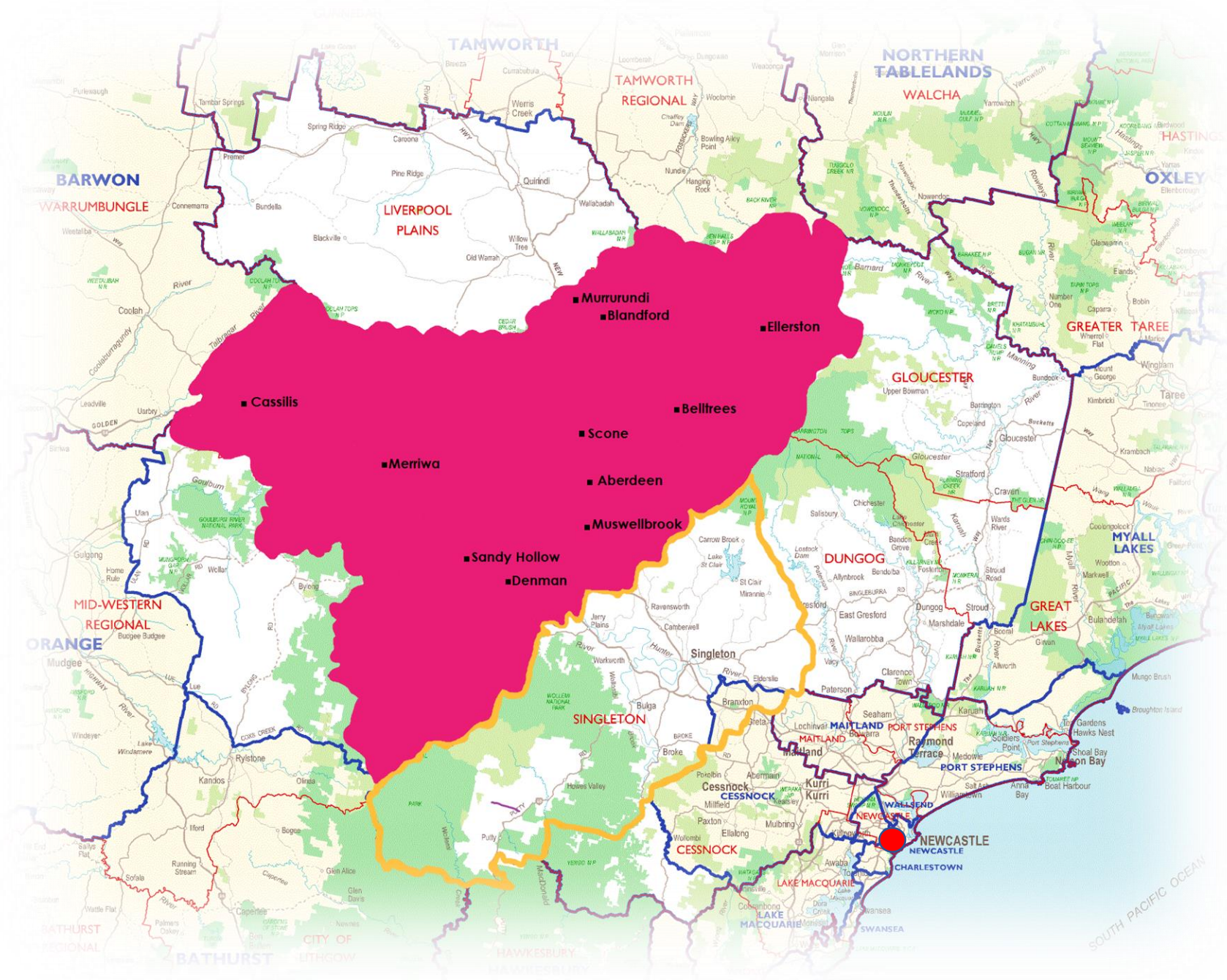
AUSTRALIA'S MENTAL HEALTH CONTINUUM



WHERE THERE'S A WILL OUR CONTINUUM



Where there's a Will works here

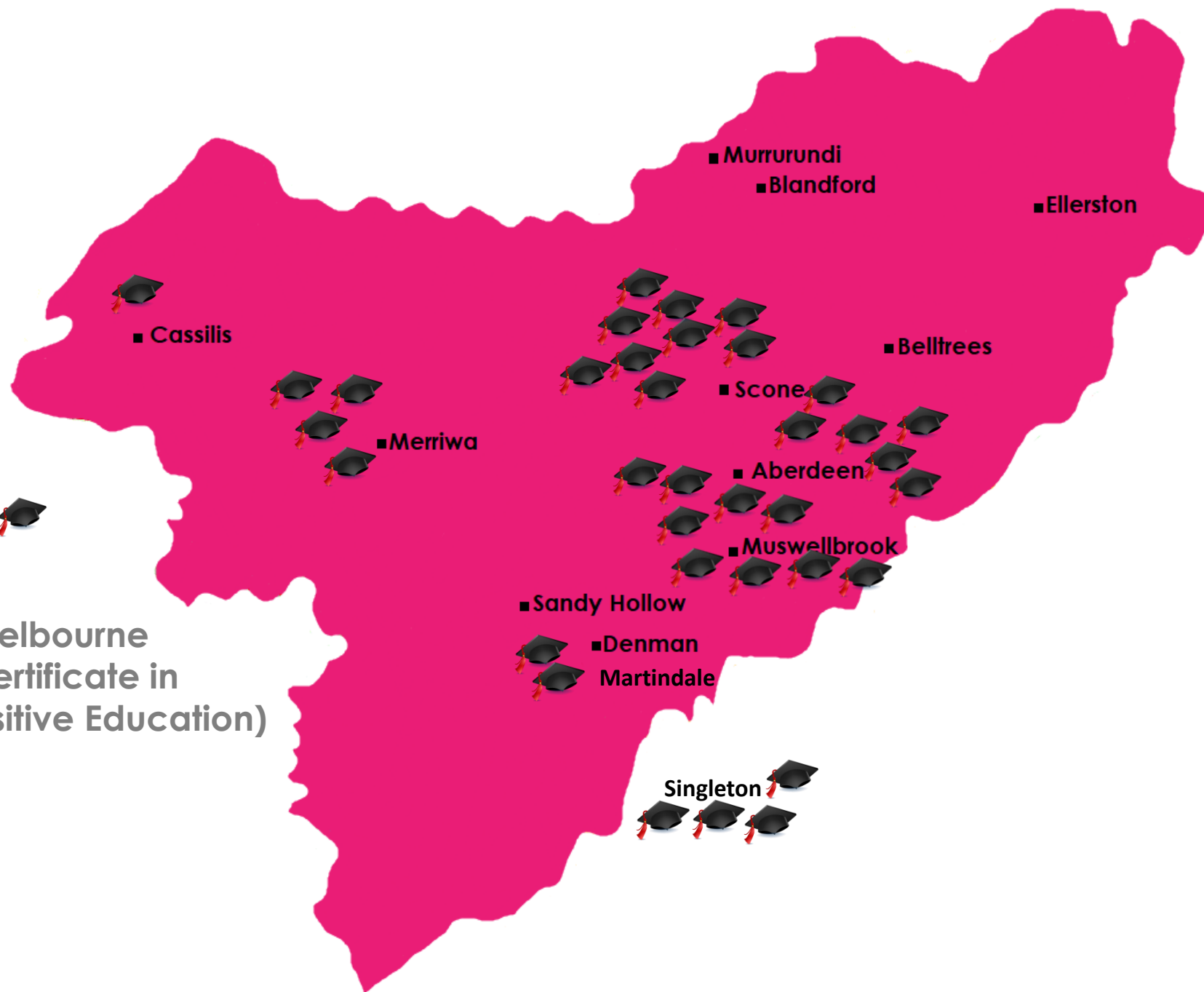


Where there's a Will

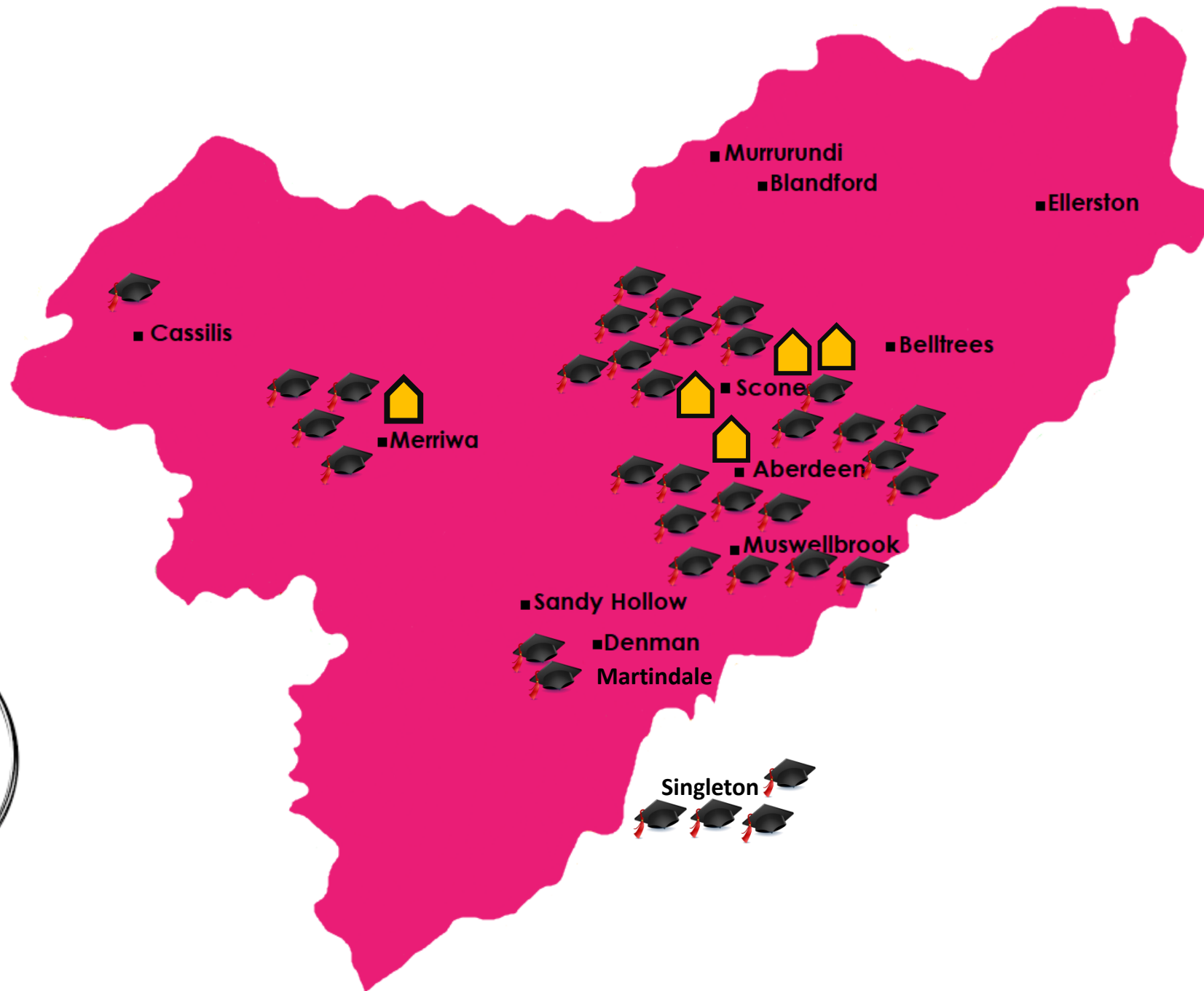
2017



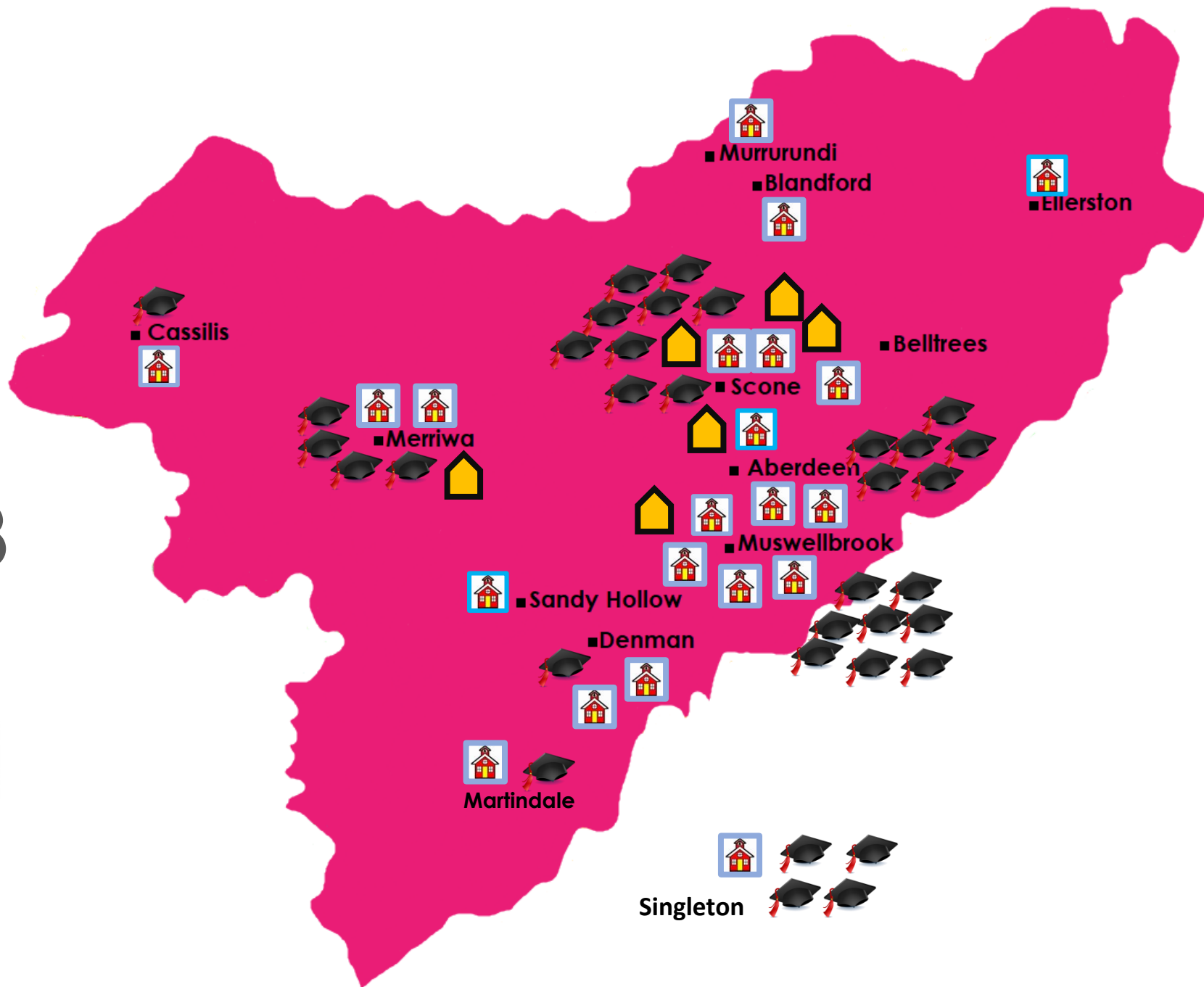
University of Melbourne
Professional Certificate in
Education (Positive Education)



2017



2018



KEY AREAS



Where there's a Will



Positive Education
Early Learning –Year 12



Leadership



Mental Health First Aid



Community Education
& Involvement

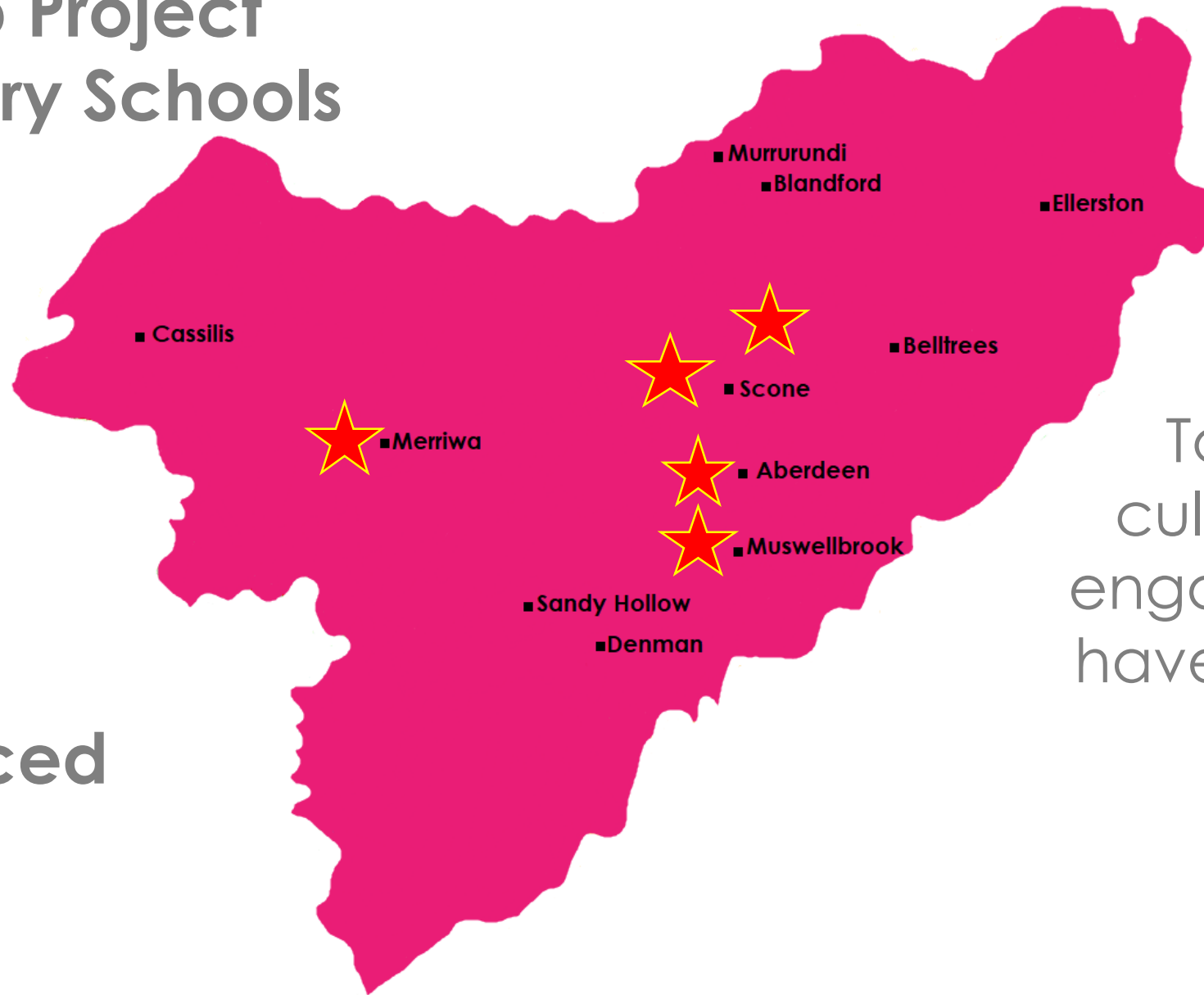


Rites of Passage

WTAW

Leadership Project

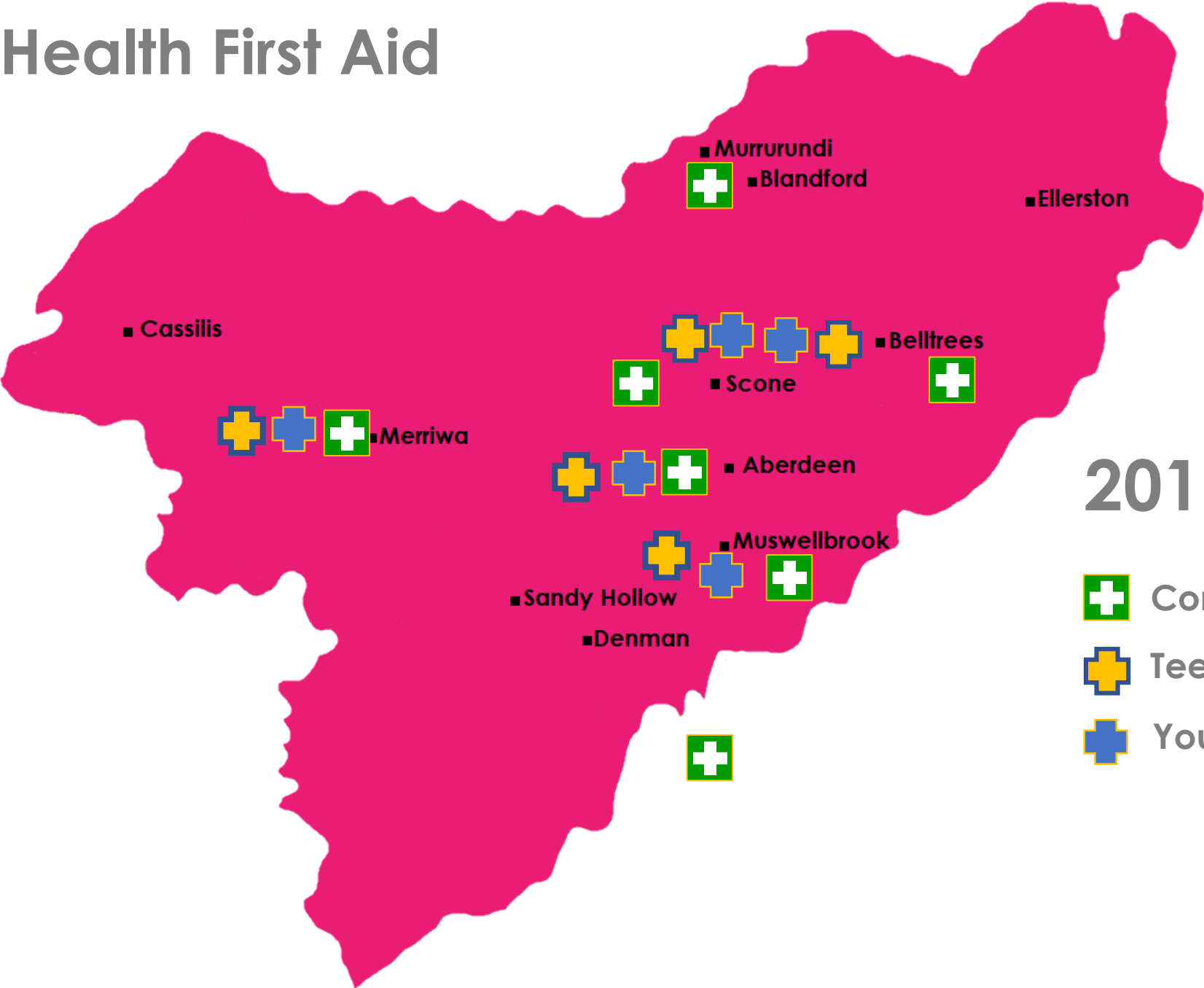
5 Secondary Schools






To empower
cultural change
engage those who
have the power to
do so

Commenced
2017

Mental Health First Aid



2016 -2019

-  Community MHFA
-  Teen MHFA
-  Youth MHFA



Where There's A Will











RAVENSWORTH OPEN CUT

GLENCORE

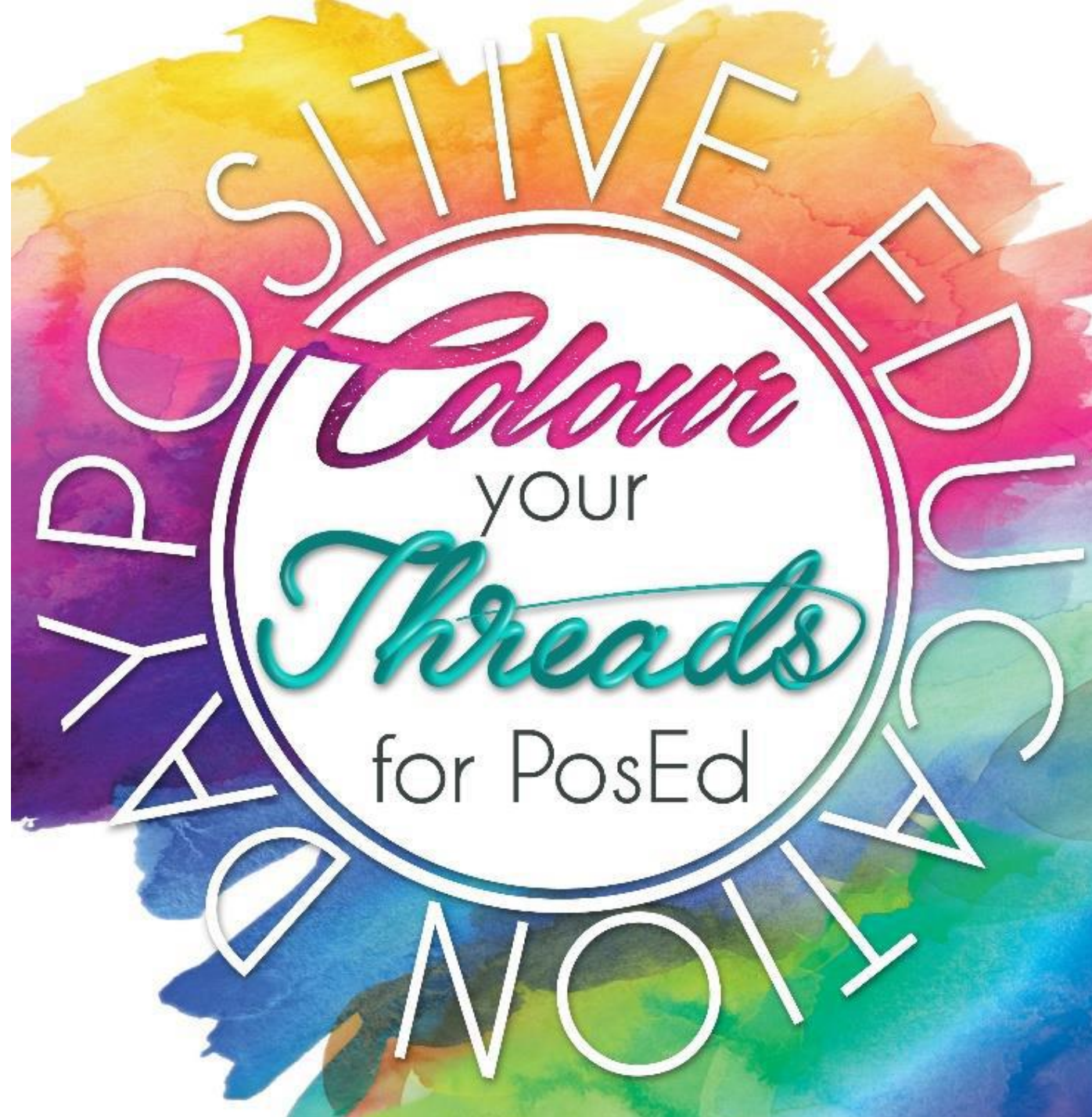




NSW Police Force







MANY HANDS



MANY HEARTS



Ravenswood



Upper Hunter community



Dr Peggy Kern & Dr Tan-Chyuan Chin(TC)



Kirsten Ross



Anne Johnston & Kim Bence



Toni Noble & Rose Pennington



Geoff Ahearn



Gill Dryland

Marita Hayes Brown



Simon Murray AOM



Professor Lea Waters & VWB team



UH Teachers



Dr Mathew White





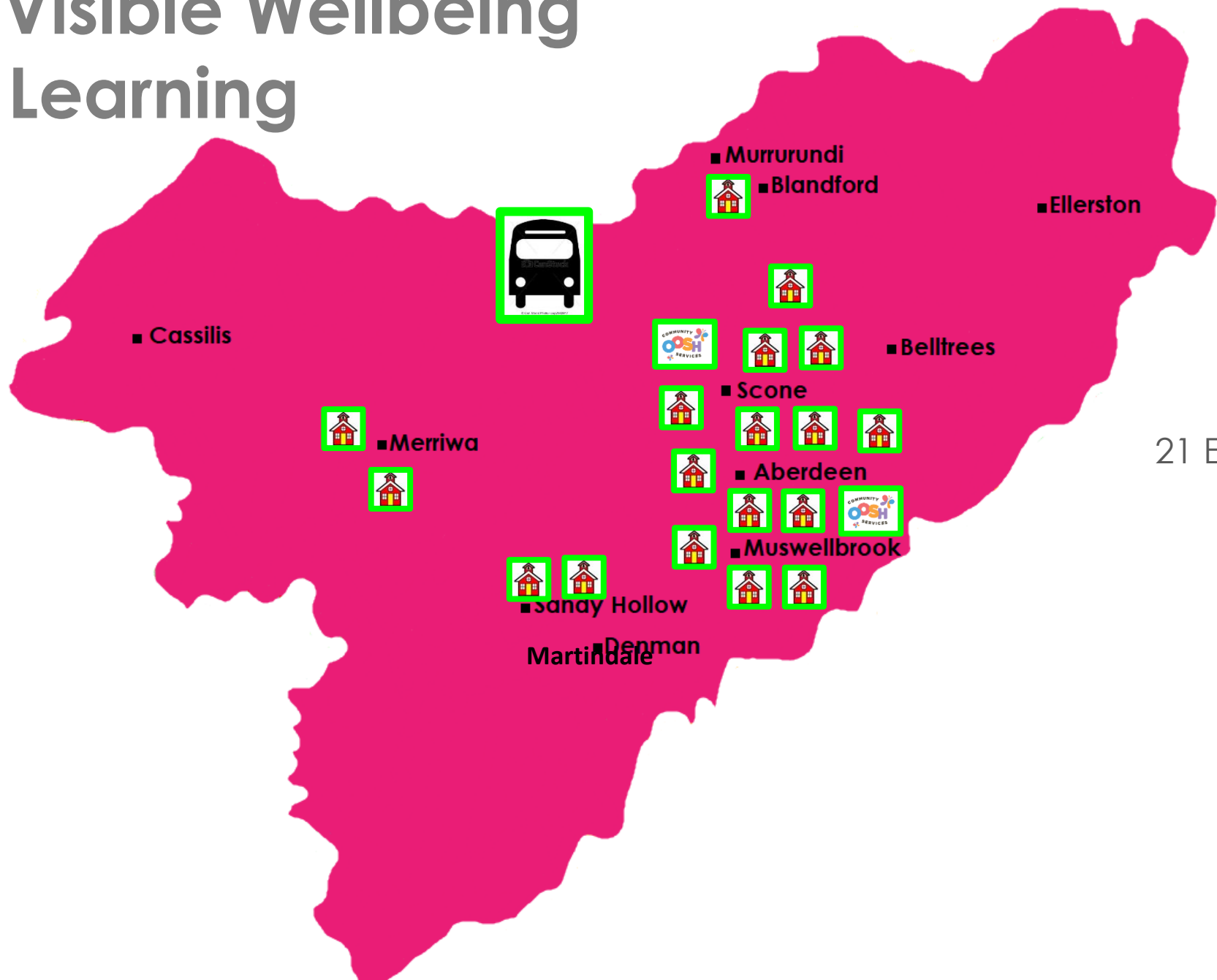
**It grows on
2019**

2019 WELLBEING PROFILER

Collecting the evidence & celebrating the impact



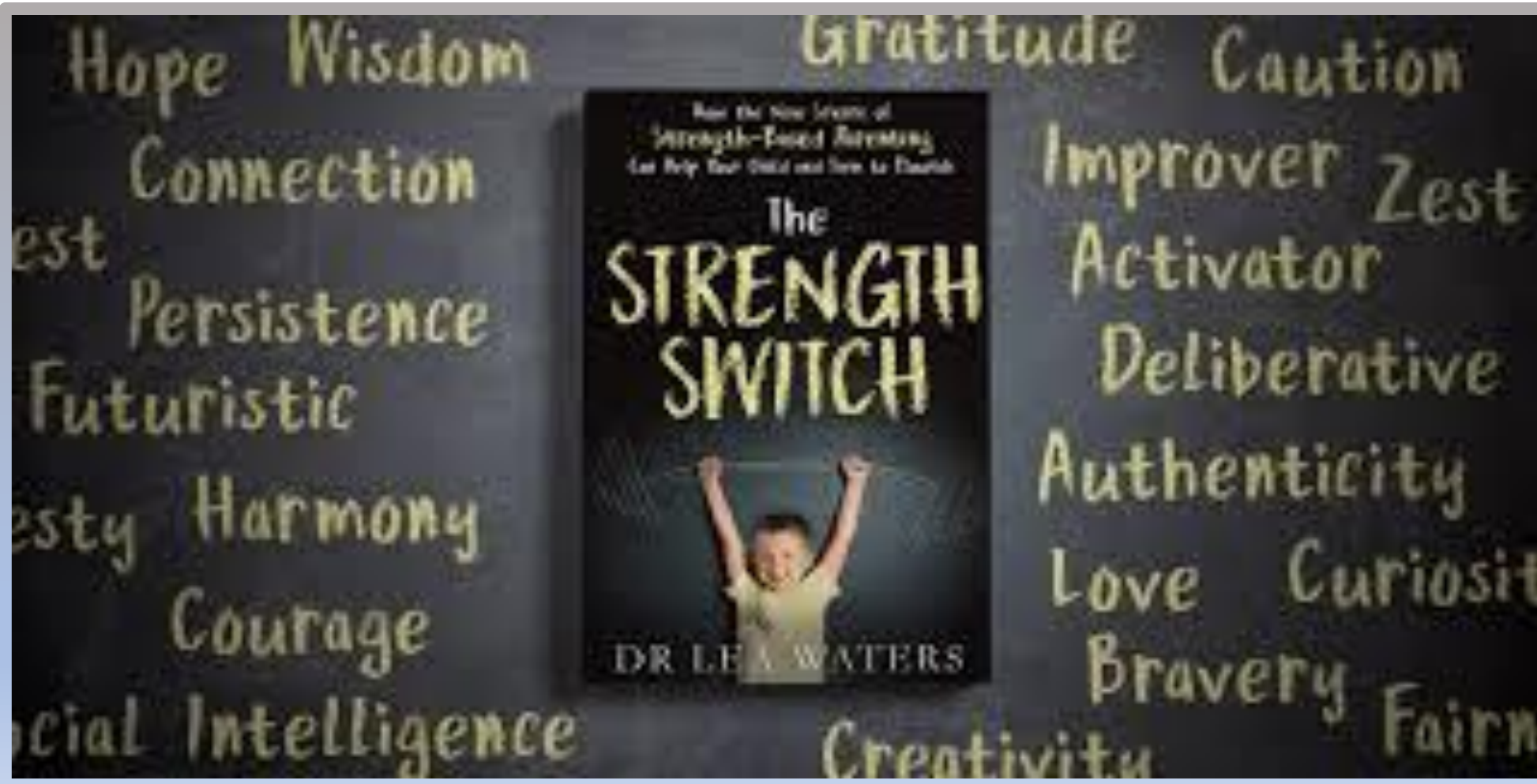
2019 Visible Wellbeing Early Learning



21 Early Learning Centres



The STRENGTH SWITCH FAMILY FACILITATION COURSE



A large, abstract watercolor splash in shades of green, blue, purple, pink, and orange, positioned on the left side of the slide.

rites of passage

Dr Arne Rubinstein



Upper Hunter Community Visible Wellbeing Cluster Three

