

Collective Solutions with Wellbeing and Trauma Aware Pedagogies

Collective Solutions. Real Change.

2025conference.pesa.edu.au

Join us at our 2025 national Wellbeing Education Conference to develop practical strategies, best practices and methodologies in teaching through a trauma-aware lens, creating a learning environment where every individual feels valued, included, and supported to truly thrive.

This conference is about real, actionable solutions you can take back to your school and apply immediately.

Whether you support students in the classroom, lead wellbeing initiatives, or guide your school's direction, you'll learn practices that align with your purpose and the people you serve.

Across two days of keynotes, masterclasses, hands-on workshops, and a "hackathon", the conference will explore:

- The importance of educators to be trauma-aware and wellbeing informed.
- How to develop classrooms climates to support all students' wellbeing and their learning.
- The critical role of evidence-based wellbeing practices in today's world and why they belong in every school.
- Real-world case studies from leading experts and educators, offering practical insights to enhance your own school's approach.

Keynote Speakers



Associate Professor
Kate Filia

Supporting student wellbeing:
Understanding the pressures
shaping youth mental health.



Gina Chick

Resilience in the Wilderness:
Survival Lessons from
Rewilding



Associate Professor
Judith Howard

Trauma-Aware Education in
Australia



Dr Tom Brunzell

Creating Connections:
Where Trauma-Aware and Wellbeing Education Meet.



Professor Lea Waters



Monday 8th - Tuesday 9th September 2025



Hilton Adelaide, South Australia



2025conference.pesa.edu.au

Why Attend



Professional Growth & Learning

Evidence-informed insights
Learn from leading voices
Enhance your pedagogical practice



Practical Outcomes

Translate theory into action
Ready-to-use tools and strategies
Co-design solutions



Connection & Collaboration

Network with like-minded professionals
Join a supportive community
Build partnerships



Personal Purpose

Reconnect with your 'why'
Nurture your own wellbeing
Be part of a movement

Speakers



Dr Tan-Chyuan Chin
University of Melbourne



Judy Hilton
Berry Street



Warren Symonds
Reynella East College



David Kelly
LBI Foundation



Michelle McKersey
Moreton Bay College



Sue Langley
The Langley Group



Megan Corcoran
Wagtail Institute



Tania Linnertson
Knox Grammar School



Sam White
Knox Grammar School



Marnie Thomas
Newcastle Grammar School



Melinda Phillips
Compassionate Schools



Justin Robinson
The Wellbeing Distillery



Noah Cunningham
Corymbia State School



Micaela Rafferty
Behaviour Balance



Julia McGibbon-Briggs & Keralee Radi
Guildford Grammar School



Johanna Crichton
Thriving Schools



Edward McInnes
Scotch College

Pricing Options

Ticket type	Early Bird Price	Standard Price
PESA Member - 2 Days	\$510	\$600
Non-member - 2 Days <i>(includes 12 month membership)</i>	\$605	\$710
Evening Networking Event	\$50	\$50



Conference Streams

The Conference masterclasses and workshops will be divided across five streams, known as the 'Solution Summits'. These summits are each designed to reflect current needs in the education landscape.



“A Vibe that Thrives” *Positive School Culture*

Building a culture founded on mutual respect and strong relationships, inspiring high achievement, and fostering a lasting sense of community and purpose.

- **Harnessing Collective Action** to Sustain Wellbeing Initiatives in Learning Communities.
- **School Case Study:** Strategies to Intentionally Build a Trauma-Responsive School Community From the 'System' to the 'Moment'
- Going deeper with **strengths-based approaches** for teaching and learning.



“Spark & Sustain” *Engagement and Motivation*

A holistic approach to fuelling passion, purpose, curiosity, and critical thinking to engage with learning tasks.

- **School Case Study:** Co-designing a student-led Wellbeing Conference in the Middle Years - From learnings to creating your own conference.
- **Cultivating Positive Relationships:** A Whole School Approach to Restorative Practices.
- **Younger for Longer:** The Power of Play in Enhancing Wellbeing.



“Team Spirit” *Belonging and Inclusion*

Cultivating environments where every student feels valued and connected, fostering a safe, supportive community that enhances learning and personal growth.

- **Beyond Survival Mode:** Trauma-Informed Strategies for Educator Wellbeing and Sustainable School Cultures.
- **School Case Study:** Creating a Whole-School Wellbeing Professional Development Model.
- **Cultivating Culture:** Uncovering the Hidden Forces that Shape Student Communities.



“Getting Gritty” *Resilience and Grit*

Empowering students with the skills and mindset needed to persevere through challenges, adapt to setbacks, and stay focused on their goals.

- **Teaching from the Head, Hand and Heart:** Exploring values-based pedagogy.
- **Balanced Classrooms:** Supporting Students, Sustaining Teachers.
- **Coaching for Post-Traumatic Growth:** Fostering Resilience and Autonomy in Students.



“RefreshED” *Staff Wellbeing*

Supporting educator and staff wellbeing with actionable strategies and wellbeing interventions.

- **Collective Solutions:** Building a Shared Responsibility for Teacher Wellbeing.
- **The Compassion Paradox:** Integrating a Sustainable Approach to Caring in our Schools.
- **The Future is Human:** Practical Tools for Growth.

Attendees will leave this conference feeling:

Challenged to reflect on and reshape their approaches to wellbeing in education - what's new? What's emerging? What might have changed?

Inspired to implement evidence-based strategies to create positive change for themselves, their students and their school communities.

Empowered to confidently embed wellbeing initiatives in their schools and communities that also support the needs of their trauma-impacted young people.

Supported to deliver sustainable practices that enhance their wellbeing practices.

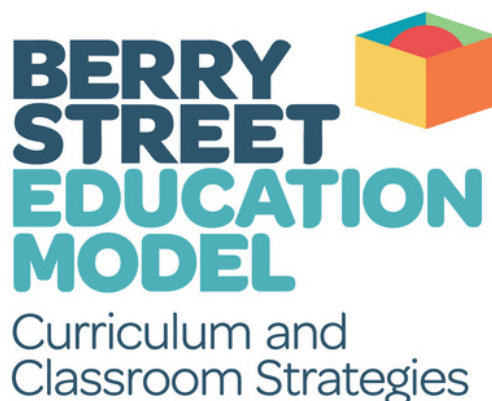
Register via
2025conference.pesa.edu.au

Sponsors

Silver Sponsor



Bronze Sponsor



Name Badge Sponsor



Exhibitors

More coming soon!

