

**Wed
July 31
5pm
AEST**



Too Tired to Thrive: A Teacher Wellbeing Toolbox

**Presented by:
Daniela Falecki, Founder of Teacher Wellbeing**

Is it possible for educators to thrive when demands are high and resources are low? In this workshop we ask three questions: What is wellbeing at work? Who is responsible for wellbeing at work? How can we thrive amongst the chaos of a normal day at work? While there are no easy answers, we learn to shift the narrative from surviving to thriving and walk away with a toolbox to begin actioning immediately.

Daniela Falecki, is the founder of Teacher Wellbeing, known as the “keep-it-real” teacher. Specialising in Positive Psychology & Coaching Psychology with more than 25 years’ experience as a teacher. Masters in Education (Leadership), Bachelor of Education (HPE), Certificated in Rudolf Steiner Education, licensed Mental Toughness practitioner, Executive Coach and member of the International Coach Federation and International Positive Psychology Association. Daniela has lectured at Sydney University & Western Sydney University.

Book: <https://www.trybooking.com/CSQYL>