



Nov 2,
5pm
AEDT

Mindfulness in the AI Era Reimagined: Equipping students Now, to Face AI Tomorrow

Presented by **Naz Zengin - Educational Leader / Wellbeing & Inclusion Advocate.**

ABOUT

Fourth Industrial Revolution is exposing children to the digital era and Artificial Intelligence (AI). Technology is giving children access to knowledge and power, but it cannot give them the power to remain resilient in an uncertain world. The session will aim to spark curiosity in educators to find meaningful ways to support students finding meaning and purpose in an upcoming uncertain and complex world (particularly as we face AI). Can mindfulness be the key for children to survive and thrive in the age of artificial intelligence

Naz has been in education for over 15 years working as a Deputy Principal / Assistant Principal, educator, creative arts specialist and student wellbeing & inclusion advocate in a primary school setting. Her keen interest in future focused pedagogies that focuses on change management, student wellbeing and innovation has led her into research in the area of Mindfulness and student wellbeing and how this could be applied to the future era of AI in education.

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