



**Aug 24
5pm
AEST**

Thinking Traps for Educators and Staff.

Presented by **David Berlinski**, Co-founder of Toolbox Education.

ABOUT

This engaging and interactive workshop is about helping students manage anxious thoughts – both social and academic – that contribute to outcomes like school refusal or disengagement. It equips staff with how to ensure at risk students maintain engagement and catch their unhelpful thoughts before they spiral. It is also an opportunity for school staff to examine their own unhelpful thoughts that are holding them back, and apply CBT tools in a unique way.

Toolbox Education takes the tools someone would learn with a psychologist and teaches those tools to students and staff before they need them through engaging and relatable workshops. This session will be presented by David Berlinski, co-founder of Toolbox Education. David has a masters' in clinical psychology from the University Melbourne. He works with a diverse range of clients, is a dynamic and engaging facilitator, and develops the content for Toolbox Education workshops.

Book: <https://www.trybooking.com/CIKW1>



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