



**June 6
6pm
AEST**

The Quest for Optimal Learning

Presented by Dr Mette Marie Ledertoug, PhD, Senior Lecturer, School of Psychology, University of East London

ABOUT

21st century education is based on lifelong learning, but every day students are bored in schools. International research from Denmark, Germany, and USA shows that as many as 1/3 of students are bored so often and to such an extent, it threatens their learning and well-being. Boredom seems to be part of the everyday life in school accepted by students, teachers, and parents: "It is just the way it is".

Future Education calls for (r)evolution

All over the world students spend many hours a day in school. Bored or engaged - not all these students learn as well as they could or thrive as well as they could. We miss opportunities to create learning students find engaging, meaningful, and applicable to other areas of life. It does not have to be this way - we can do better.

Senior lecturer Mette Marie Ledertoug, University of East London and Learning Expert Nanna Paarup, Denmark set out on a quest for optimal learning. In a qualitative study, we interviewed 18 international experts who inspire and guide us in a possible better direction towards the school of the future. If you are a student, teacher, school leader, politically engaged in education, parents in a school board, or otherwise preoccupied with making education better, this presentation will offer you insights about boredom and engagement as well as visions, barriers and strategies that enable optimal learning.

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