



**May 25,
5pm
AEST**

Strategies towards Self-Regulation: Increasing a master-strength for learning

Presented by Dr Tom Brunzell, Director, Berry Street Education Model

ABOUT

Self-regulation is often referred to as a master-character strength required for effective learning for all students at each stage of their own development. The capacity and capabilities to regulate one's escalated emotions and to regulate one's physical body when learning requires that teachers have practical strategies to proactively support when students hit speedbumps in learning. Learn how to enhance your own toolkit of strategies from Dr Tom Brunzell, Director Education at Berry Street Education Model (BSEM), as he shares original research and practice around self-regulatory strategies that have positively impacted students across Australia and beyond.

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