



# **PosEd Day 2023, Activity Ideas**

# Students, (5-12 yrs old)

Let's make PosEd bigger and better than ever! There are lots of fun and easy ways you can get involved in the Colour my Threads fundraiser. Why not get together with your friends and family and raise funds and awariness together!

Get ispired by these activities, or use our brainstorming page and come up with your own!




# **Activity and Fundraising Ideas!**



**Spread the Word:** Let's make PosEd Day bigger and better than ever! Get together with your friends and brainstorm ways to spread the word about Positive Education. You could create posters, flyers or social media posts to help raise awareness and raise funds!





**Create Your Own PosEd T-shirt:** Get creative and design your own Positive Education t-shirt to wear on PosEd Day. Ask your parents or teacher for a plain white t-shirt and use fabric paints, markers or stickers to decorate it with Positive Education messages and symbols.

**Kindness Challenge:** Set a goal to perform at least one act of kindness every day leading up to PosEd Day. It could be as simple as holding the door open for someone, or as big as organizing a fundraiser for a charity. Encourage your friends and family to join in too, and ask them for a donation to support you!





**Mindful Colouring:** Colouring can be a great way to relax and unwind. Download and print some of our PosEd colouring pages and spend some time colouring them in. You could even set up a mini-colouring competition with your friends and family.





**PosEd Scavenger Hunt:** Create a list of Positive Education items for a scavenger hunt around your home, school or local community. It could be things like a book about mindfulness, a picture of a kind act, or a plant to represent growth. Encourage your friends and family to take part too, and see who can find everything on the list first!





**Superpower Day:** Come to school dressed as your character Strength "Superpower" of choice. Get as colourful and create as possible. Bring or make a gold coin donation to participate!

**Gratidue Design:** Create a design that represents something you are grateful for, such as family, friends, or your favorite activity. Create a wall in your classroom to display the designs. Bring or make a gold coin donation to participate. Or, ask for a small donation from your friends and family.





**Bake Sale:** Organize a bake sale with colourful treats made by you, your family and your friends, with proceeds from the sale going towards the fundraiser







# Brainstom *your own ideas below!*

Idea 1:

Idea 2:

Idea 3:



**Spread the word!**

Let's make PosEd Day bigger and better than ever! For more info, to register or to donate, head to the campaign webpage:

[mailchi.mp/pesa/posedday2023](https://mailchi.mp/pesa/posedday2023)