



A life time opportunity

Martin Seligman in Perth

One of the most influential contemporary psychologists



HALF DAY SEMINAR

Positive Psychology, Positive Interventions & Positive Education

*Cutting edge research, ideas
and applications*

Tuesday 23 July 2019

**The Crown Ballroom
Crown Perth
Great Eastern Highway
Burswood WA**

12.15 pm registration
for 1.00pm - 4.00pm

Has important implications for:

- Educators
- Psychologists
- Health professionals
- Parents and community
- Business leaders
- Organisational consultants
- Government and agencies
- Researchers

Costs (incl refreshments)

Standard rate \$440; WAPPA/SPA members \$340

Early bird rate \$380; WAPPA/SPA members \$280 by 28 Feb 2019

Certificates of attendance and CPD questions will be provided

During his presentation Seligman will **review cutting edge research** in the field of **neuropsychology, positive psychology, positive interventions** and **positive education**.

Seligman will take participants to the next level of insight based on research following his previous work on Flourishing- the New Pathway to Happiness and Wellbeing.

Register now online at:

www.wappa.asn.au/professional-learning/seminars-and-workshops/events



WESTERN AUSTRALIAN
PRIMARY PRINCIPALS'
ASSOCIATION



SPA WA
School Psychologists' Association of WA Inc

About this seminar

In this seminar Professor Seligman will detail inspiring examples of Positive Psychology, Interventions and Education in action.

Professor Seligman has been at the cutting edge of psychological research for over four decades, including the neuropsychological basis for improving people's lives. Now he offers his powerful insights into personal satisfaction and global purpose.

Building upon his previous work on flourishing, learned optimism, and motivation, Professor Seligman will discuss the implications of contemporary research into imagination, creativity and healthy societies.

Professor Seligman will also make a compelling and deeply personal case for the importance of virtues like hope, gratitude, and wisdom for mental health and the future of humanity.

A tour of recent history and implications for psychology, education and future thinking will inspire you.

This is an opportunity for all of us to consider the building blocks for a thriving and flourishing society.

This half day seminar will not only educate but be deeply enriching with a potentially life changing effect.

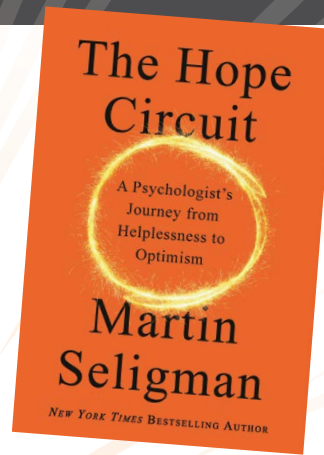
"I attended the previous Martin Seligman seminar with my principal. It changed the course of my life personally and professionally. The school adopted resiliency curriculum and positive education principles for the whole community. It inspired me to lead state-wide initiatives in positive psychology and education, including post graduate research. I strongly recommend school leaders and school psychologists attend this seminar together to support positive change." – School Psychologist

About Professor Martin E.P. Seligman (PhD)

Considered the founder of Positive Psychology, Martin Seligman is a world authority on resilience, optimism and the prevention of depression, as well as the factors that allow individuals and communities to flourish.

Professor Seligman is the Zellerbach Family Professor of Psychology and Director of the Positive Psychology Center at the University of Pennsylvania, USA and is a former President of the American Psychological Association (APA).

His mission to transform social science to focus on the best things in life involves not just healing pathology but focusing on what makes a good life ('eudaimonia') – character strengths and virtues, positive emotion, good relationships and positive institutions.



His game-changing work has involved him in worldwide ground-breaking initiatives with educators, psychologists, researchers, the military, philanthropists, large organisations, spiritual leaders and health professionals in ways to improve personal wellbeing, workplace culture and ways to flourish as a society.

He is the bestselling author of thirty books including *Flourish*, *The Optimistic Child*, *Learned Optimism*, *Authentic Happiness*, *Character Strengths and Virtues*, *Positive Psychology in Practice* and now the latest widely-acclaimed *The Hope Circuit*.

His work is supported by a team of researchers and funded by bodies such as the National Institute of Mental Health and National Science Foundation. These include investigations into the neuro science of well-being, resilience, virtues, elements to a meaningful life, futuristic, prospective psychology, the importance of creativity and imagination and positive psychotherapy.

Martin Seligman continues to have a powerful, positive effect on individuals and societies. This seminar on Positive Psychology, Positive Interventions and Positive Education is likely to have a powerful effect on you as an individual, professional and for our community.

"Here is a major thinker who sees deeply into human nature and tells a good story. In the Hope Circuit, Marty Seligman displays both these gifts. This book is his best writing and best thinking yet." – Angela Duckworth

PROGRAM DETAILS

Venue and time

The Crown Ballroom, Crown Perth,
Great Eastern Hwy, Burswood WA
12.15pm registration
for 1.00pm-4.00pm

Program

1.00pm-2.30pm

Cutting edge research and insights into self, relationships, education, workplaces, health and the broader community/society

2.30pm-3.00 pm

Refreshments

3.00pm-4.00 pm

Implications for educators, psychologists, organisations, communities and leaders

There will be a book signing after the event.

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