

## The PESA Victoria Chapter is delighted to invite you to **Positive Education One-Day Conference**

Date:	Saturday 18 November		
Time:		<b>Pre-conference Workshop:</b> Introduction to Positive Education <b>PESA Victoria Positive Education conference</b>	
Venue:	Camberwell Girls Grammar School		
Cost:	PESA Members: PESA Non-Members:	<pre>\$125 \$175 (includes annual individual PESA Membership)</pre>	

#### **Pre-Conference workshop:** Introduction to Positive Education

An overview of Positive Education, what it is, and how to do it. This is an excellent opportunity for schools to introduce key staff to Positive Education for a good foundation and understanding of the practical application within a school.

**Presented by Therese Joyce**, B.A. MAPP (MSc. Applied Positive Psychology), Director of Positive Education at Peninsula Grammar, Senior Associate at the Positivity Institute, and a consultant to schools and organisations. Therese has worked with Early Childhood, Primary, Secondary and Tertiary Institutions including Government, Catholic and Independent schools. Her areas of expertise include Positive Education, Resilience, Mindfulness and Social and Emotional Learning. Therese spent two years as Associate Director of the Centre for Positive Psychology at The University of Melbourne, has studied at the London International School of Performing Arts, and appeared on CBC News Canada, Bupa Blueroom, the Positive Psychology Podcast, and ABC Radio National as an expert on playfulness.

#### **Keynote:** Harnessing our Character Strengths: A Playful Experience and Meaningful Insight into What's Right with Us!

**Presented by Justin Robinson**, the Director of the Institute of Positive Education at Geelong Grammar School, this keynote will take a deeper dive into the practical application of Positive Psychology within an educational setting, with an emphasis on Character Strengths. Justin is passionate about supporting student and staff wellbeing and loves his job. Justin has been at GGS now for 12 years. He was a Head of House for five years, Head of the Positive Education Department for four years and has now been guiding the Institute for the past three years. Justin has been a dedicated Secondary Mathematics and Physical Education teacher for over 20 years.

Introducing a common language of the VIA Character Strengths into a school community can powerfully enhance culture and improve individual and community wellbeing. During this interactive keynote, Justin Robinson will share his passion for harnessing a language of what is right with us, and explore how such a language can increase the 4Cs of 21<sup>st</sup> Century Learning and Innovation – Critical thinking, Communication, Collaboration and Creativity.

A wide range of practical examples will be shared with delegates for them to tailor and then embed into their schools. An overview of the key concepts involved with VIA Character Strengths will be shared along with the latest research into Signature strengths and the most recent developments from the VIA Institute. Justin will share his favourite examples of teaching and harnessing character strengths in students and teachers. Each delegate will also receive a personal Character Strengths wheel which will be spun and used throughout the presentation.

This keynote will be suitable for newcomers to Pos Ed as well as experienced school staff who are several years along their journey.



# **Positive Education One-Day Conference, cont.**

Date:	Saturday 18 November		
Time:	9-10am 10am-3.30pm	<b>Pre-conference Workshop:</b> Introduction to Positive Education <b>PESA Victoria Positive Education conference</b>	
Venue:	Camberwell Girls Grammar School		
Cost:	PESA Members: PESA Non-Members:		<pre>\$125 \$175 (includes annual individual PESA Membership)</pre>

### **Practical Workshops**

Presented by practitioners from across Early Childhood, Primary and Secondary Education.

Participants will be able to choose two x 45-minute workshops. Each workshop will share evidence-based practical ideas and strategies that can be tailored or used immediately within their own school environment.

## **Q&A Expert Panel**

Hosted by Hayden Gyles (Camberwell Girls Grammar School), and run in a Q&A-style format, this panel will feature educators from across multiple sectors, including:

Deputy Principal, St Francis Xavier College	
Hea <mark>d of Department</mark> , Cent <mark>re for Early</mark> Education, Ballarat Grammar	
CEO, Berry Street	
Principal, Templestowe Park Primary School	

Our panel will also be delighted to respond to questions from the floor.

# **Click here** to book your ticket to this event

We look forward to seeing you there!

Our gratitude to Berry Street for their sponsorship of lunch!

