Invitation from the Conference Chair

Fellow theologians, educators and psychologists, it gives me great pleasure to welcome you to the Flourishing in Faith: Positive Psychology and Theology Conference at St Peter’s College, Adelaide in September 2014. This conference is a partnership between St Peter’s College and St Barnabas’ College, a member of the Charles Sturt University School of Theology.

Founded in 1999 positive psychology aims to build psychological health and resilience in individuals and organisations. There is overlap in the subject matter explored in theology and positive psychology. Positive education is an umbrella term used to describe empirically validated interventions and programs from positive psychology that have impacts on wellbeing. Ellen Charry asserts that theology can learn from positive psychology and stimulate an exchange of gifts in theological conversation about human strengths and virtues.

The two-day program has been deliberately shaped to foster conversation, in the hope together we might explore the synergies and the tensions, the convergences and the conflicts, between positive psychology and Christian theology.

The Keynote Speaker is Professor Ellen Charry from Princeton Theological Seminary in the USA whose work examines the moral, pedagogical and psychological effects of Christian beliefs and practices for human flourishing, drawing on classical Christian theology and contemporary work in psychology.

We are delighted that Geraldine Doogue AO, one of Australia’s most admired journalists, has accepted our invitation to be our speaker at the Conference Dinner. Geraldine is widely acknowledged in Australia for her work in print, television, radio and her ability to promote discussion on a range of social and political issues including spirituality, philosophy and belief. She was made an Officer of the Order of Australia in 2003 and the broader public recognises the commitment and service of people like Geraldine to building a better and more positive Australia.

The conference will take place at St Peter’s College in Adelaide, one of Australia’s leading independent schools, which is internationally recognised for its Wellbeing and Positive Education program based on teaching boys skills they need to manage and cope with opportunities and challenges in a changing world. The School is within walking distance from the City of Adelaide with the grounds and facilities providing a unique and stimulating environment.

The leadership of the organising committee with representatives from Anglican, Roman Catholic, and Lutheran schools has been outstanding. This conference is ground-breaking, as it fosters interdisciplinary dialogue that explores the relationship between positive psychology and theology, with particular focus on Religious and Values Education (RAVE) programs in schools.

I very much look forward to joining with the Headmaster of St Peter’s College, Mr Simon Murray, in welcoming you to this innovative conference in September this year.

The Rev'd Canon Dr Matthew Anstey
Chair, Organising Committee, Flourishing in Faith Conference 2014
Principal, St Barnabas’ College & Canon Theologian, Diocese of Adelaide
Senior Lecturer, Old Testament, CSU School of Theology
Honorary Visiting Fellow, ANU, Linguistics
Welcome from the Headmaster of St Peter’s College, Adelaide

As Headmaster of St Peter’s College, Adelaide, it is a delight to be able to welcome you to the Flourishing in Faith: Positive Psychology and Theology Conference, a joint initiative of St Peter’s College and St Barnabas’ College. As a visionary school, St Peter’s College is proud to be hosting this pioneering conference.

St Peter’s College, Adelaide, and St Barnabas’ College have a historical connection and share strong links, in particular the influence of the first Anglican Bishop of Adelaide, Augustus Short, who accomplished the immense task of building up the Church of England in South Australia. In the early years of the Colony of South Australia Bishop Short sent his first candidates for ordination to St Peter’s College for tuition in theological subjects. Now, over 130 years later, it is only natural that this conference is hosted here.

This ambitious conference is a result of the creativity and tenacity of the organising committee which includes:

- Chair: The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College & Canon Theologian, Anglican Diocese of Adelaide
- Mary Carmody, Senior Education Adviser, Catholic Education South Australia (CESA)
- Emily FitzSimons, Head of English and Positive Education Coordinator, St Peter’s College, Adelaide
- Jason Haseldine, Director of Finance & Administration, St Peter’s College, Adelaide
- The Rev’d Dr Theo McCall, Chaplain, St Peter’s College, Adelaide
- Jim Raw, Anglican Schools Liaison Officer, Diocese of Adelaide
- Stuart Traeger, Spiritual Development Leader for Lutheran Schools Association of South Australia, Northern Territory & West Australia
- Tracey Schultz, Office Administrator, St Barnabas’ College
- Dr Mathew White, Director of Wellbeing & Positive Education, St Peter’s College, Adelaide

The leadership of the organising committee - Anglican, Roman Catholic and Lutheran has been outstanding. This conference includes an impressive number of international speakers and workshops. Together these will provide you with an overview of current theological debate and examples of best practice in education.

I commend it to you.

Simon Murray
Headmaster
St Peter’s College, Adelaide
**KEYNOTE SPEAKER**

*Day 1: Christian Theology and Positive Psychology: An Exchange of Gifts*

*Day 2: Between Flourishing and Languishing: Testimony from Psalms*

Professor Ellen Charry
Margaret W Harmon Professor of Theology, Princeton Theological Seminary

Professor Ellen Charry is the Margaret W Harmon Professor of Theology at Princeton Theological Seminary. She earned an MA and PhD in Religion from Temple University following an MSW from Yeshiva University and a BA from Barnard College. Her interest is in human flourishing from a Christian perspective. Her monographs include *By the Renewing of your Minds* (1997) and *God and the Art of Happiness* (2010). She was a member of the Pursuit of Happiness Project at the Center for Law and Religion at Emory University, sponsored by the Templeton Foundation (2007–2010). Charry has served on the editorial boards of the *Theology Today, Scottish Journal of Theology* and *Pro Ecclesia*. She currently serves as an editor-at-large for *The Christian Century*.

**PLENARY SPEAKERS**

*The Spirit of Forgiveness: Moving Beyond the Hurt*

Eileen Young
Principal, St Mary’s College, Adelaide

Eileen Young is Principal of St Mary’s College, Adelaide. She began her career as a History and English teacher and has held senior advisor central office positions in Catholic Education in South Australia (CESA). Eileen was the recipient of the 2010 Australian Council of Educational Leaders (ACEL) Award for Leadership. Eileen has presented at the 2013 Edmund Rice Leaders’ Conference in South Africa on a school model of Restorative Justice and worked with several CESA and South African schools to introduce the principles underpinning restorative justice and the culture change required if a school is to undertake this community model. In *Moving Beyond the Hurt*, Eileen explores the challenges and celebrations of a school journey in Restorative Justice. Eileen will draw on her own school leadership experience in creating a Restorative Justice community. Forgiveness is the hardest lesson to learn but it brings with it true liberation. When we do not forgive we carry with us a terrible weight. What does Restorative Justice have to offer you as an individual, a teacher, a community?

*Theology of the Child: Creation, Grace and Salvation*

The Rev’d Dr James McEvoy
Senior Lecturer, Australian Catholic University, Adelaide

James McEvoy is a priest of the Roman Catholic Archdiocese of Adelaide. He is a member of the Theology Faculty at Australian Catholic University’s new Adelaide campus, having previously taught at Catholic Theology College and Flinders University’s Department of Theology. His key research interest is the Church’s understanding of its relationship with contemporary society. He has recently published *Leaving Christendom for Good: Church-World Dialogue in a Secular Age* (Lexington, 2014), and is a member of Catholic Education in South Australia’s *Theology of the Child* research project team.
Does Positive Psychology Leave Room for the Christian Doctrine of Sin?
The Rev’d Dr Mark Worthing  
Senior Researcher, Australian Lutheran Institute for Theology and Ethics, Adelaide

Mark Worthing is senior researcher at the Australian Lutheran Institute for Theology and Ethics and has a primary focus on issues relating to Lutheran Education. Mark is an ordained Lutheran pastor and holds a PhD from the University of Regensburg in the history and philosophy of science and a Doctorate of Theology from the University of Munich in ecumenical theology. Mark has a long-standing interest in the interface between science and faith and faith as well as culture. He is the author of *God, Creation and Contemporary Physics* (1997); *When Choice Matters: An Introduction to Christian Ethics* (2004); *The Matrix Revealed: The Theology of the Matrix Trilogy* (2004). He is co-author of *God, Life, Intelligence and the Universe* (2002); and *God and Science in Classroom and Pulpit* (2011). Mark has an interest in the positive psychology movement in general and a specific interest in the relationship between spiritual and psychological wellbeing. He recently presented a paper at the Australian Conference on Lutheran Education together with Stuart Traeger on a theological reflection on Positive Education. Mark lives on a small farm outside of Hahndorf with his wife Kathy and their children and is an avid runner, gardener and poet.

Hoping to Flourish with a Broken Body
Associate Professor Shane Clifton  
Dean, School of Theology, Alphacrucis College, NSW

In the months and years of rehabilitation following his spinal cord injury, Shane drew on the resources of positive psychology and virtue ethics in an attempt to deal with the loss, dependency, and unhappiness that accompanied his disability. This presentation draws on his experiences, and describes how new ways of thinking about happiness provided him with fresh hope for the future, and so helped him to envisage the possibility of living a rich and meaningful life.

Reflection

Reflection by The Rev’d Canon Dr Matthew Anstey  
Principal, St Barnabas’ College, Adelaide

Matthew moved to Adelaide in 2010 to take up the position of College Principal at St Barnabas’ College, Adelaide. He is a Senior Lecturer in Old Testament at Charles Sturt University, and a Visiting Fellow in Linguistics at the Australian National University. Prior to coming to Adelaide, Matthew was an Australian Research Council Postdoctoral Fellow at Charles Sturt University (2006-2009), working in the area of Biblical Hebrew linguistics. His research interests include Biblical Hebrew linguistics, Old Testament, theology, and homiletics. He is passionate about theological education, about which he writes: “Theological education, I would propose, is the fostering of a humble way of life in which the loving contemplation of the triune God is central, so as to participate fully in God’s befriending of all creation, yearning in its brokenness for the light of Christ.”
Geraldine Doogue AO
ABC TV1’s Compass

Whilst originally planning a career as a school teacher after completing her Arts degree in 1972 Geraldine applied on an impulse for a journalism cadetship with The West Australian instead. Since then she has thrived as a result of that impulsive decision.

Within the first ten years of her career, Geraldine had carved out a reputation in print, television and radio, including two years at the London Bureau working for the Murdoch group’s Australian papers.

Her entrance into television was unexpected. Whilst covering a story for The Australian, an ABC television reporter interviewed her for a Four Corners program. When the Head Office Executives saw the interview, they were so impressed with her on-camera presence that they offered Geraldine the Perth compere’s position for ABC Television’s then new program, Nationwide.

She soon moved to Sydney to host the NSW edition of the program and established herself as one of the most respected and popular personalities on national television.

Geraldine then worked for a time on commercial radio with 2UE and on commercial television, co-presenting Channel 10’s main news bulletin, before returning to the ABC in 1990. She played a major role in ABC TV’s coverage of the Gulf War. During this period Geraldine was awarded two Penguin Awards and a United Nations Media Peace Prize.

In 1992 Geraldine began presenting Life Matters, a new ABC Radio National program which set out to cover the full gamut of social issues in everyday life. In 1998, she also became host of ABC TV’s Compass program, which looks at issues of spirituality, philosophy and belief every Sunday evening. After 11 years with Life Matters, she moved to Saturday mornings to host a program focusing on international politics, Australia’s role on the world stage, and business, called Saturday Extra.

In 2000 Geraldine was awarded a Churchill Fellowship for social and cultural reporting. In 2003, she was recognised with an Officer in the Order of Australia for services to the community and media. In March 2011, she was awarded an Honorary Doctorate of Letters by her alma mater, the University of Western Australia.
**Education Stream**

**E1  Faith, Emotion and Wellbeing: A Modern Educational Imperative**  
The Rev’d Chris Welsh, Chaplain, Canberra Grammar, Canberra

Educational work that concentrates exclusively or overly on cognitive and rational function misses the critical benefit of the affective in the growth of children and young people. The understanding and sense of selfhood nourished by holistic engagement enriches academic growth and, importantly, develops the whole person. This cross-fertilisation mirrors the research of the positive psychology movement and of inter-disciplinary studies in philosophy and psychology. It is a central consideration in the work of schools with a faith-foundation.

**E2  I Wish That All Children Should Sing (Martin Luther): Music, Education and Wellbeing**  
The Very Rev’d Andreas Loewe, Dean of Melbourne, St Paul’s Cathedral, Melbourne

The German reformer Martin Luther believed that music and music education could significantly enhance education. In this workshop Dean of Melbourne and Lecturer in Music The Very Rev’d Dr Andreas Loewe reflects on music as a tool to education and wellbeing from Luther to date.

**E3  Wellbeing Worship for Children – A Few Waymarks**  
The Rev’d Andrew Mintern, Chaplain, St Peter’s Woodlands Grammar School and Senior Chaplain for Schools, Diocese of Adelaide

Many schools are keen to embrace and address an integrated understanding of student wellbeing - encompassing emotional, physical, intellectual, spiritual and social wellbeing. In Anglican schools, chapel worship is a key avenue for addressing wellbeing themes. What questions does this approach raise for us? How do we want worship to impact on the wellbeing of children and young people? Do wellbeing texts naturally emerge from the Bible or do we read them in? Are there specific Bible verses that address the wellbeing of children and young people? Can so-called “Wellbeing Worship” blur the Christian gospel into moral therapeutic deism? Can we identify some key waymarks for “Wellbeing Worship” for children and young people?

**E4  Junior School Education and Character Strengths: Linking William Wilberforce and Jesus**  
Susie Brooke-Smith, Religious and Values Education Teacher, St Peter’s College, Adelaide

In this workshop, participants will explore the life of William Wilberforce as an example of Christianity put into practice, as studied by Year 7 boys at St Peter’s College. His inspiring tale of determination, tenacity, love and generosity draws our attention to what passion can achieve. Adolescent boys, often skeptical of religion, take meaning and purpose from the story of a man determined to put the treatment of others before everything else. After considering the details of the slave trade, its magnitude and the challenge of bringing it to an end, participants will identify and discuss Wilberforce’s character strengths.

**E5  Positive Psychology in the Secondary School Curriculum: Exploring Humanity’s Meaning and Purpose through a Cross-curricular Program**  
Emily FitzSimons, Head of English and Positive Education Coordinator (Senior School), St Peter’s College, Adelaide

What does it mean to be “human”? In this workshop participants will explore the ways in which a number of subjects, including English, Religion, History and Art can be brought together to enable students to ponder life’s meaning, under God, and how humans find a purpose and connection with something greater than themselves. Via a practical, cross-curricular program, including religious poetry, literature, biblical figures, artworks and historical events, students can be invited to consider the importance of meaning in their lives, from both a spiritual and wellbeing perspective.
E6 Opportunities and Challenges of Embedding Positive Psychology in a Lutheran School
Tim Kotzur, Principal, St Andrew’s College, Gold Coast

St Andrews’ Lutheran College, founded in 1993, is a P-12 co-educational School of 1150 students, situated on the southern end of Queensland’s Gold Coast. In 2012, the College began its journey to implement positive psychology, with the goal that St Andrew’s be a flourishing community, where each person was able to be their best possible self. As suggested in the title, this workshop will focus on both the opportunities and challenges of a major change initiative focused on developing a whole school approach to proactively building wellbeing. The workshop will explore the College’s journey since 2012, reflecting on what we have learnt along the way. Practical issues such as the resistance amongst some staff to embrace Positive Education in a Faith-based School will be explored, as well as theoretical ones such as how Positive Psychology articulates with a school where, to use Martin Luther’s turn of phrase; ‘the Gospel is in, through and under’ all that is done.

E7 Building Positive Relationships within our Classrooms
Andrea Richardson and Lynda Garwood, Catholic Education Office Behavioural Consultants, Catholic Education Office, Adelaide

This session will involve participants actively learning practical ways to build and support positive relationships with students from R-12.

E8 Slum Survivor: Fostering Empathy and Resilience through a Slum Simulation Experience
The Rev’d Ruth Mathieson Co-ordinating Chaplain, Head of Religion and Values Education, Trinity College, Gawler

Forty-four Year 10 Religion and Values Education (RAVE) students participated in a TEAR simulation game known as “Slum Survivor” for a 24 hour period as a way of engaging with issues of social justice, developing empathy with those in need, and understanding the Christian motivation for assisting those who live in poverty. As resilience, persistence and team work were needed to participate in this experience, the EPOCH survey of wellbeing of adolescents was used to determine if this 24 hour opportunity did impact on the engagement, perseverance, optimism, connectedness and happiness of students.

E9 The Christian Calendar of Celebrations and Festivals: A Framework for Character Strengths-Based Practice in Schools
Dr Lisa Kettler, College Psychologist, Trinity College, Gawler

The Christian calendar is punctuated by times of reflection and celebration. These events are linked to the expression and practice of Christian values including love, gratitude, forgiveness, service, hope, honesty and spirituality. In positive psychology, these values have been linked to a set of 24 universal character strengths. Recognition and intentional use of signature character strengths is now known to be an important underpinning for wellbeing. Christian schools have a unique opportunity through Christian celebrations to link learning about the life of Jesus Christ, and the virtues of character exemplified by his life and works, with learning about how to recognise what is best in oneself and apply effort to development of character strengths in everyday life.
**Bible and Theology Stream**

**B1  “And God saw it was Good”: The Creation of Wellbeing and the Wellbeing of Creation**
The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College & Canon Theologian, Diocese of Adelaide

Genesis 1 provides an excellent lens through which to explore the relationship between theology and Positive Psychology. Hence this presentation will offer a theological reading of the Bible’s first creation story, Genesis 1:1-2:3, to demonstrate how the notions of wellbeing and flourishing are intrinsic to the created order. It thereby raises issues about the possibility of a purely secular or even individualistic positive psychology, given that wellbeing is construed for Christian belief in thoroughly theistic and interpersonal terms. Such an interpretation, moreover, extends the scope of wellbeing far beyond the anthropological realm — as typically understood in Positive Psychology — to include animal and plant life, and indeed “the whole creation.” The most provocative claim however is that the concept of wellbeing runs the risk of becoming an end in itself for positive psychology, when in the Scriptural witness it is a means to an end, namely, communion with God and one another.

**B2 Nurturing Dignity: Supporting Children to Live and Learn Restoratively**
Michael Lincoln, Behaviour Education Consultant, Catholic Education, Adelaide

This workshop will explore a Christian understanding of the nature of human dignity and the fundamental vocation of human beings. It will identify relationship as central to this and name processes which isolate children as a violation of their dignity. From here it will identify how the processes of Restorative Practices support children to develop the skills of conflict resolution, live in harmony and grow in love in short, to flourish.

**B3 Theological Problems: The Issue of Salvation in the Context of Positive Theology**
The Rev’d Dr Theo McCall, Chaplain, St Peter’s College, Adelaide

This workshop will examine some of the traditional Christian doctrines of salvation and whether they conflict with Positive Theology. How does Positive Theology address the issue of salvation and the hope of heaven? How do we understand God working within creation to bring about salvation?

**B4 Shalom, Gospel and the Mission of God**
The Right Rev’d Dr Tim Harris, Assistant Bishop; Lecturer in the New Testament, St Barnabas College and Charles Sturt University, Diocese of Adelaide and St Barnabas College, Adelaide

Shalom is a very rich term in biblical theology, conveying fullness and the flourishing of God’s creation: wellness, wholeness, prosperity, peace, a world where all is right and in harmonious rest — the way creation was intended to be and become. The New Testament has a range of significant terms that continue this theological seam — from the couplet ‘grace and peace’, to missional statements ‘peace be upon this house’, and ‘my peace I leave with you’. Furthermore, key notions of rest, salvation, redemption and transformation all orientate around this theme of Shalom. This workshop will trace the biblical theology cluster, with a focus on how it informs a broader understanding of the gospel and the mission of God.

**B5 Can Spiritual Wellbeing be Measured?**
Stuart Traeger, Spiritual Development Leader for Lutheran Schools Association (SA, NT & WA)
The Rev’d Dr Mark Worthing, Senior Researcher, Australian Lutheran Institute for Theology and Ethics, Adelaide

If the Gospel is to be the foundation of a faith-based school then we need a Christian version of PERMA which includes a focus on spiritual wellbeing. In order to measure if progress is being made with such a focus we need to be able measure spiritual wellbeing. Stuart and Mark will explore the issue and propose a Spiritual Wellbeing Indicator for discussion and critique.
**B6 Mary’s Role as the Fulfilment of God’s Grace**
Dr Mathew White, Director, Wellbeing & Positive Education, St Peter’s College, Adelaide and the Rev’d Dr Theo McCall, Chaplain, St Peter’s College, Adelaide

Mary’s consent to the incarnation underscores her role in her son’s victory over death. In this workshop I will explore Mary’s pilgrimage of faith as represented in art from the character strengths of love, persistence, bravery and forgiveness and mercy. This workshop will be a transdisciplinary dialogue and will consider Mary’s place in theological terms and explores how theology may benefit from the current turn in positive psychology focusing on the miracle of Mary’s love. It is influenced by Ellen Charry’s work.

**B7 Telling it like it is: Lament in Times of Crisis and Suffering**
Dr Liz Boase, Head of Department, Lecturer in Old Testament Theology, Flinders University, Adelaide

How do we respond when crisis and suffering are experienced within communities such as schools? Drawing on contemporary understanding of communal trauma, this workshop will consider the important role that lament and “telling it like it is” have in expressing grief and suffering and helping to redevelop a sense of community in the wake of loss.

**B8 Christ’s Passion Through the Lens of Peterson and Seligman’s Virtue and Strengths Classification**
Dr Mathew White, Director, Wellbeing & Positive Education, St Peter’s College, Adelaide  
The Rev’d Dr Theo McCall, Chaplain, St Peter’s College, Adelaide

This workshop will explore the theology of Christ’s Passion according to St John. In this workshop we will explore the potentially rich and constructive dialogue between theology and positive psychology. The purpose of this workshop is to encourage theologians to think psychologically. We will do this through a discussion of Peterson and Seligman’s virtues and character strengths classification in the context of the Passion. Particular attention will be paid to the virtue of humanity and strengths of love and kindness.

**B9 Is it Possible to Measure Hope? Piloting a Scale to Measure Christian Hope**
The Rev’d Dr James Burns, Interim Dean, Woods College of Advancing Studies, Boston College, USA

Hopefulness has a long research history of being associated with decreased levels of depression. Hope is also considered essential to recovery and prevention of depressive episodes. Hope has been variously defined in the literature. This study differentiates between the effect of secular notions of hope and religious notions, i.e., scholars who consider that hope is related to achieving one’s desired expectations, and those who understand hope as an enduring attitude related to the belief in the goodness of God, i.e., to bring good out of desperate circumstances and even save a person. This notion relies not so much on one’s own strength but on the help offered by God. The current pilot presents a self-report measure identifying three conceptualizations of hopefulness according to a Christian rubric. The three constructs are related to hopefulness toward self, others and in God (or the transcendent). This pilot study demonstrates the reliability and validity of such a scale.
Psychology Stream

P1 The Wellbeing Triad: The Spiritual, Psychological and Physiological Connection of Emotional Wellbeing in Adolescents
Dr Ivan Atkinson, Principal, Psychologist, Mend Plus, Adelaide

Having completed his PhD in 2003 and worked with children and adolescents in areas of development and emotional behaviour, Ivan’s workshop will address Christian faith, wellbeing, depression and/or anxiety among teenagers.

P2 The Spirituality of St Ignatius Meets the Science of Positive Psychology
Alexandra Gorman, Founder, Flourishing Lives

The links between Positive Psychology and Ignatian spirituality have been noted by Zagano and Gillespie in a paper, Ignatian Spirituality and Positive Psychology. This presentation aims to broaden this discussion and introduce participants to some of the key principles and practices of Ignatian spirituality that extend and deepen positive psychology and positive education. Ignatian spirituality is ideally suited to the goals of Positive Education by seeking to build achievement and well-being particularly in high school students. The Ignatian journey invites each person to engage in a modern day version of spiritual coaching involving self-awareness, loving relationships, detachment, freedom, wise discernment, tapping dreams and desires and service to God. Participants will be guided through several positive spiritual interventions used with high school students such as the daily Awareness Examen which builds self-awareness by tracking thoughts and emotions, the Ferndale Examen designed to monitor the quality of our relationships and several imaginative contemplations which deepen spiritual strengths.

P3 Positive and Prospective Psychology: Are We Numinously Called to Our Destinies?
The Rev’d Dr J Harold Ellens, Professor Emeritus, MCECS University of Michigan, USA

Dr Ellens’ first workshop addresses directly the human experiences of numinous illumination that constructively shape our lives in a compelling direction that develops into our perceived destiny. It raises the question of whether this is a psychodynamic sense of vocation or whether we are called from some external source of “direction” to our vocations. Positive psychology has recently raised the point that it is really a perspective that grapples with what is really prospective psychology, namely, a sense of envisioning the future to which we are drawn, ‘called’, driven with a sense of personal imperative. This workshop will be conducted as a seminar built mainly around shared input and discussion of what is really going on in such Positive Psychological Prospective Perceptions.

P4 Beyond Wellbeing: The Contribution of Christian Spirituality to Human Flourishing
Dr Stuart Devenish, Coordinator Postgraduate Studies, Tabor Adelaide

Spirituality is increasingly being called upon to provide the kind of web of meaning, cosmic orientation, and inner harmony people need to live a happy and whole life. This paper explores what a specifically Christian spirituality has to offer to human existence in the 21st-century. Its primary argument is that faith has the capacity to change the lives of intentional practitioners from mere existence, to something which is beyond wellbeing, to a life of truly flourishing.

P5 Positive Psychology and Incarnation: What Does Disability Experience Tell Us?
Dr Lorna Hallahan, Social Work and Social Planning, Flinders University, Adelaide

Positive psychology challenges medicalised understandings of mental health with a preferred focus on flourishing and success. What does it offer Christians seeking to live out a gospel of love? Do contemporary understandings of incarnation help us reach out to those who suffer and are oppressed? This presentation uses disability theory to show that the messiness and contingency that pervades human experience informs a grounded theology of incarnation as embrace. Participants will explore whether positive psychology offers resources to release compassion and build relationships with those who are in pain and excluded; to seek justice rather than simply to pursue individual success and fulfilment.
P6  Positive Psychology and the Virtues of Forgiveness, Gratitude and Hope: A Theological Critique
Dr Liz Gulliford, Research Fellow, Jubilee Centre for Character and Values, School of Education, University of Birmingham, UK

This paper examines differences between positive psychological and theological understandings of forgiveness, gratitude and hope. Psychology generally focuses on individuals extending forgiveness to others (for emotional repair). Theology construes forgiveness collectively, as a power in which people participate as givers and receivers. Psychology emphasises gratitude’s role in amplifying subjective wellbeing, but risks reducing gratitude with an instrumentalist focus. Psychologically, hope and optimism are cast as internal, cognitive processes grounded in confidence based on self-control and beliefs about personal agency. This neglects collective dimensions of hope accentuated in theology: hope is sustained in relation to other agents and grounded in the confidence of trust.

P7  The Paranormal as Friend and Familiar: Sailing Life Close to the Wind of the Spirit
The Rev’d Dr J Harold Ellens, Professor Emeritus, UofMI, Clinical Psychologist in Private Practice, MCECS University of Michigan

This workshop will also be conducted as a seminar built mainly around the current data on the frequency of paranormal experiences and whether they constructively or destructively shape our life courses. It is a direct follow on from the first workshop and will directly address the question of the extent to which our paranormal experiences are more or less normal than what we normally call normal experiences. The upshot of this workshop will be a discussion of the presence of the Divine Spirit as the dynamic force in constructive life-changing numinous experiences and how we can consciously keep ourselves open to the presence and power of God as Spirit, thus discerning how to sail our lives close to the wind (Ruach) of God.

P8  Grief – Potential Catalyst for Wellbeing
The Rev’d Dr Gillies Ambler, Adjunct Faculty Member, St Barnabas’ College & Charles Sturt University, Adelaide

Dr Gillies will explore how befriending grief, despite devastating grief events, can become a catalyst for wellbeing. Based on his doctorate, he contends that exploring personal grief experiences opens up multiple ways to healing. He advocates that a multi-genre media approach including story, poetry, photography, artwork, spirituality, theology, analysis, insights of others and findings from academic work opens up windows through grief to everyday life. He will share how becoming ‘grief to growth mountaineers’ we are able to empower others on their journey to wellbeing. A limited number of his book, Grief wounds. Love heals, will be available for purchase.
### SUMMARY OF WORKSHOP STREAMS

#### Workshop Stream 1 - Monday 29 September, 11.00am – 11.45am

**Education**
- **E1** Faith, Emotion and Wellbeing: A Modern Educational Imperative  
  The Rev’d Chris Welsh
- **E2** I Wish That All Children Should Sing” (Martin Luther):  
  Music, Education and Wellbeing  
  The Very Rev’d Dr Andreas Loewe

**Bible Theology**
- **B1** “And God saw it was Good”: The Creation of Wellbeing and the Wellbeing of Creation  
  The Rev’d Canon Dr Matthew Anstey
- **B2** Nurturing Dignity: Supporting Children to Live and Learn Restoratively  
  Michael Lincoln

**Psychology**
- **P1** The Wellbeing Triad: The Spiritual, Psychological and Physiological Connection of Emotional Wellbeing in Adolescents  
  Ivan Atkinson
- **P2** The Spirituality of St Ignatius Meets the Science of Positive Psychology  
  Alexandra Gorman

#### Workshop Stream 2 - Monday 29 September, 1.45pm – 2.30pm

**Education**
- **E3** Wellbeing Worship for Children – A Few Waymarks  
  Andrew Mintern
- **E4** Junior School Education and Character Strengths: linking William Wilberforce and Jesus  
  Susie Brooke-Smith

**Bible Theology**
- **B3** Theological Problems: The Issue of Salvation in the Context of Positive Theology  
  The Rev’d Dr Theo McCall
- **B4** Shalom, Gospel and the Mission of God  
  The Right Rev’d Dr Tim Harris
- **B5** Can Spiritual Wellbeing be Measured?  
  Stuart Traeger and The Rev’d Dr Mark Worthing

**Psychology**
- **P3** Positive and Prospective Psychology: Are We Numinously Called to Our Destinies?  
  The Rev’d Dr J Harold Ellens
- **P4** Beyond Wellbeing: The Contribution of Christian Spirituality to Human Flourishing  
  Dr Stuart Devenish

#### Workshop Stream 3 - Tuesday 30 September, 11.00am – 11.45am

**Education**
- **E5** Positive Psychology in the Secondary School Curriculum: Exploring Humanity’s Meaning and Purpose through a Cross-curricular Program  
  Emily FitzSimons
- **E6** Opportunities and Challenges of Embedding Positive Psychology in a Lutheran School  
  Tim Kotzur
- **E7** Building Positive Relationships Within Our Classrooms  
  Andrea Richardson and Lynda Garwood

**Bible Theology**
- **B6** Mary’s Role as the Fulfilment of God’s Grace  
  Dr Mathew White
- **B7** Telling it Like it Is: Lament in Times of Crisis and Suffering  
  Dr Liz Boase

**Psychology**
- **P5** Positive Psychology and Incarnation: What Does Disability Experience Tell Us?  
  Dr Lorna Hallahan
- **P6** Positive Psychology and the Virtues of Forgiveness, Gratitude and Hope: A Theological Critique  
  Dr Liz Gulliford

#### Workshop Stream 4 - Tuesday 30 September, 1.45pm – 2.30pm

**Education**
- **E8** Slum Survivor: Fostering Empathy and Resilience Through a Slum Simulation Experience  
  The Rev’d Ruth Mathieson
- **E9** The Christian Calendar of Celebrations and Festivals: A Framework for character strengths based practice in school  
  Dr Lisa Kettler

**Bible Theology**
- **B8** Christ’s Passion Through the Lens of Peterson and Seligman’s Virtue and Strengths Classification  
  Dr Mathew White
- **B9** Is it Possible to Measure Hope? Piloting a Scale to Measure Christian Hope  
  The Rev’d Dr James Burns

**Psychology**
- **P7** The Paranormal as Friend and Familiar: Sailing Life Close to the Wind of the Spirit  
  The Rev’d Dr J Harold Ellens
- **P8** Grief – Potential Catalyst for Wellbeing  
  The Reverend Dr Gillies Ambler
PRESENTERS’ BIOGRAPHIES

The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College & Canon Theologian, Diocese of Adelaide

Matthew moved to Adelaide in 2010 to take up the position of College Principal at St Barnabas College, Adelaide. He is a Senior Lecturer in Old Testament, Charles Sturt University, and Visiting Fellow in Linguistics, Australian National University. Prior to coming to Adelaide, Matthew was an Australian Research Council Postdoctoral Fellow at Charles Sturt University (2006-2009) working in the area of Biblical Hebrew linguistics. His research interests include Biblical Hebrew linguistics, Old Testament, theology, and homiletics. He is passionate about theological education, about which he writes: “Theological education, I would propose, is the fostering of a humble way of life in which the loving contemplation of the triune God is central, so as to participate fully in God’s befriending of all creation, yearning in its brokenness for the light of Christ.”

Dr Ivan Atkinson, Principal, Psychologist Mend Pius

Ivan is currently in private practice in Adelaide and casual teaching at Flinders University. He is past head of counselling at Tabor Adelaide for 5 years and continues in training and supervising professionals working in alternative care fields for adolescents. He has completed a PhD in the area of ADHD in 2003 and has worked with children and adolescents in the areas of development and emotional behaviours.

The Rev’d Dr Gillies Ambler, Adjunct Faculty Member, St Barnabas’ Theological College & Charles Sturt University

The Reverend Dr Gillies Ambler, a retired Uniting Church minister, is a former high school teacher with an Honours degree in mathematics and a Master’s degree in theology. His doctorate [2008], unique in its field, applied qualitative methodologies to the narration and analysis of the personal grief process. His book is used by counsellors, and people facing major grief events. Dr Ambler has lectured on grief and spirituality, and supervised postgraduates exploring personal and corporate grief issues in contemporary society. He is an advocate and counsellor at a local domestic violence centre. He is an adjunct faculty member of St Barnabas College and Charles Sturt University.

Dr Liz Boase, Head of Department, Theology Flinders University/Lecturer in Old Testament, Adelaide College of Divinity

Dr Boase is Lecturer in Old Testament at Uniting College, and Head of Department for Theology at Flinders University. She teaches in a variety of subject areas at the College, including the Writings of the Hebrew Bible, Pentateuch, Prophets and Hermeneutics. Her primary area of research is on the Book of Lamentations and the lament psalms. She is interested in how reading the bible from different perspective enhances our understanding of the text, and is currently focusing on reading the lament literature through the lens of trauma studies.

Susie Brooke-Smith, Teacher, Religious and Values Education, St Peter’s College, Adelaide

Susie Brooke-Smith teaches Religious and Values Education in the St Peter’s College Junior School. Included in this subject is the study of religions, philosophy and ethics. She draws on a wide variety of literary, digital and historical sources to maintain engagement and variety across Years 3-7.

The Rev’d Dr James Burns, Interim Dean, Woods College of Advancing Studies, Boston College, USA

The Rev’d Dr James Burns IVD, is Interim Dean, Woods College of Advancing Studies at Boston College. Dr Burns is a native of St. Paul, MN. He worked as an accountant for a pharmaceutical company before enrolling in seminary. Ordained as a Catholic priest in 1993, he served as a parish priest for six years (three as a pastor) before returning to graduate school in psychology. After a pre-doctoral psychology internship at Yale School of Medicine he completed a Postdoctoral Fellowship at McLean Hospital/ Harvard Medical School as well as at the Danielsen Institute’s Center for the Study of Religion and Psychology and the Boston Psychoanalytic Society. He became an Assistant Professor of Psychology at the University of St Thomas in St Paul, MN since 2003. Beginning in September 2007 he joined the Boston University School of Theology Faculty, while continuing work in the research center and clinic of the Danielsen Institute. Dr Burns’ dissertation research examined the relationship between levels of anger and aggression in adolescent males and their levels of spirituality. He continues to be interested in mental health issues in adolescence and the relationship of these issues to religion and spirituality. Current interests and research include the way the sexual abuse crisis in the Catholic Church and church closings have impacted morale of priests, pastoral leadership and community dynamics. He is also interested in studies of peace and conflict particularly as these impact globalization and mental health resources. In his private practice he treats individuals and couples with mood and anxiety disorders along with a focus on ministry personnel, especially priests.

Dr Stuart Devenish, Coordinator Postgraduate Studies Tabor Adelaide

Stuart Devenish PhD is Coordinator Postgraduate Studies at Tabor Adelaide. He is the author of several books and brings a specialisation in the meaning of religious experience.
The Reverend Dr J Harold Ellens holds a PhD in Psychology and a PhD in Second Temple Judaism and Christian Origins. His lifetime of professional work has been as a pastor, university professor, psychotherapist, and army chaplain (Colonel). His 220 volumes of scholarly publications, 171 journal articles, international lectureships, and university teaching have been focused entirely upon the interface of psychology and religion/spirituality. He is a noted preacher and much admired lecturer.

Emily FitzSimons, Head of English and Positive Education Coordinator (Senior School), St Peter’s College, Adelaide

Emily FitzSimons is the Head of English and Subject Coordinator for Positive Education in the Senior School at St Peter’s College. Emily is also a staff member in the Boarding House, with a keen interest in the pastoral care of boys. She holds a Masters in Education and is, notably, a recent graduate of the University of Pennsylvania’s Masters in Applied Positive Psychology (MAPP) program, one of only five in Australia. Her thesis for Penn brought together character strengths and literature to re-imagine character education in the adolescent years.

Lynda Garwood, Behaviour Education Consultant, Catholic Education of South Australia

Lynda Garwood is a Behaviour Education Consultant with Catholic Education of South Australia. She works across various school sites in South Australia to support the understanding of behavioural strategies to engage students in learning. Lynda has significant experience leading contemporary teaching and learning, using a coaching approach. Lynda is involved in facilitating a trauma sensitive project with six CESA schools this year and has attended training through the Positivity Institute for ‘Positive Psychology’.

Alexandra Gorman, Founder, Flourishing Lives, Loreto, Kirribilli

Alexandra Gorman initially worked in the field of cancer care then with families experiencing a range of problems after the birth of a child. Alex subsequently retrained as an executive coach as well as developing an interest in Ignatian Spirituality. This led her to run programmes for parents and teachers at St Ignatius’ College, St Aloysius’ and Loreto Kirribilli. With the emergence of positive psychology, she began to include the research and practice around character strengths, cognitive approaches and Christian meditation. Alex is currently working at Loreto Kirribilli, integrating positive psychology with Ignatian Spirituality. This year she will is undertake research at St Ignatius’ College Riverview to measure the wellbeing impact of this combined approach on Year 10 students.

Dr Liz Gulliford, Research Fellow, Jubilee Centre for Character and Values, School of Education, University of Birmingham, UK

Liz Gulliford has an interdisciplinary background. She gained a Theology degree from Trinity College, Oxford and has a BSc in Psychology. She previously worked for the Psychology and Religion Research Group at the University of Cambridge, where she published work on forgiveness and other virtues, co-editing ‘Forgiveness in Context: Theology and Psychology in Creative Dialogue’ in 2004. Liz studied for her doctoral thesis, an interdisciplinary evaluation of positive psychological approaches to strengths and virtues, at Queens’ College, Cambridge. She is particularly interested in the topics of hope, optimism, courage, forgiveness and gratitude, the focus of her current research interests.

Dr Lorna Hallahan, Social Work and Social Planning, Flinders University

Dr Lorna Hallahan is senior lecturer in social work at Flinders University where she is also Chair of the Social and Behavioural Research Ethics Committee. She has been a social worker for over 30 years with involvement in disability advocacy, disability policy development and ethical issues in complex human services environment. Most recently she has been involved with the development of the National Disability Insurance Scheme and its evaluation. Lorna’s doctorate is about disability theory and the doctrine of incarnation. Her ongoing research interests remain focussed on how to build social justice and rights protection for those who experience impairment and social exclusion.

The Rt Rev’d Dr Tim Harris, Assistant Bishop; Lecturer in NT, St Barnabas’ College and Charles Sturt University, Diocese of Adelaide; St Barnabas’ College

Dr Tim Harris has combined 30 years of grass roots local church ministry with academic studies and over two decades experience as an educator in theological education. Formerly the founding Dean of Bishopdale Theological College in Nelson, NZ, he is now based in Adelaide and focused on preparing people for ministry with a strong understanding of the mission of God.

Anne Johnstone, Principal, Seymour College, Adelaide

Anne Johnstone is Principal of Seymour College, a leading independent girls’ school in Adelaide, Australia. Anne is also Chair of the Steering Committee and a Board member of the Positive Education Schools Association. Anne holds a Bachelor of Arts/Bachelor of Laws (Honours) degree and a Graduate Diploma of Education. Anne practised as a lawyer before pursuing her passion for teaching. In 2004, Anne was awarded a Winston Churchill Fellowship to research fostering resilience in students. Anne has led the application of Positive Psychology in schools initially as a teacher, Head of Junior School, Deputy Headmistress and now as Principal. Anne’s work has included embedding Positive Psychology in the curriculum and pastoral care programs, working closely with staff through professional development and establishing communities of practice. Anne has presented at numerous conferences on Positive Psychology, including most recently co-presenting a pre-conference workshop at the 6th ECCP in Russia in 2012 and chairing and presenting a Symposium on Positive Curriculum at the World Congress on Positive Psychology in Los Angeles in 2013.
Dr Lisa Kettler, College Psychologist, Trinity College, Gawler

Dr Lisa Kettler is College Psychologist at Trinity College where she leads Wellbeing and Positive Education development and research and is the Head of Faculty for Counselling, Head of Faculty for Learning Support. Lisa provides crisis support, consultation and liaison. Prior to 2013, Lisa was a Senior Lecturer in Psychology at the University of Adelaide for ten years, providing undergraduate and postgraduate teaching in developmental, health, and clinical psychology and research in clinical, health and developmental psychology. She is currently a Visiting Research Fellow at the University of Adelaide and has published papers and book chapters in Australia and internationally in the field of wellbeing and positive psychology. She has practised continually as a psychologist since 1994 and is clinically endorsed with AHPRA.

Tim Kotzur, Principal, St Andrew's College, Gold Coast

Tim is currently the Principal of St Andrew's Lutheran College, a P-12 Coeducational College of 1150 students located on the southern end of Queensland's Gold Coast. Tim has been Principal of St Andrew’s since 2010. Prior to his appointment at St Andrew’s he was Deputy Head of College, at Trinity Lutheran College, also on the Gold Coast. Tim’s interest in Positive Psychology stems from the links he sees between proactively building student wellbeing and resilience, and improved student learning outcomes. St Andrew’s has been on its Positive Education journey since the beginning of 2011. Tim holds two Masters Degrees; one in Educational Administration and Business, and the other as a Lifelong Learner is currently studying a Graduate Certificate in Non-Profits. In his spare time he enjoys following the fortunes of the Reds and the Wallabies (Rugby Union).

Michael Lincoln, Behaviour Education Consultant, Catholic Education, South Australia

Michael Lincoln is a Behaviour Education Consultant in Catholic Education South Australia. He supports 33 schools across South Australia to develop behavioural interventions to assist students to learn. Michael previously held leadership positions in schools in religious education and student wellbeing. He is trained in Restorative Practices and has implemented them as a platform for student wellbeing in a Reception – Year 12 School. Drawing on this experience he now facilitates professional learning in Restorative Practices. He is also participating in a sector project on the effects of trauma on brain development and learning.

The Very Rev'd Dr Andreas Loewe, Dean of Melbourne, St Paul's Cathedral, Melbourne

The Very Rev’d Dr Andreas Loewe is Dean of Melbourne and is responsible for the worship, mission and life of St Paul’s Cathedral, the Cathedral of the Diocese of Melbourne and Anglican Province of Victoria. He is passionate about people, and prays that the Cathedral may be a place where many can experience the transforming love of God. Andreas’ academic research centres on theology, as well as ecclesiastical and music history. He enjoys thinking about the Bible and Theology and in particular the way in which Scripture can be communicated through music. He has published widely in the fields of ecclesiastical history and music. He is a Fellow and Lecturer at the Melbourne Conservatorium of Music and a Fellow of the Royal Historical Society. Prior to coming to St Paul’s Cathedral, Andreas was the Senior Chaplain of Trinity College, The University of Melbourne, and Gavan Senior Lecturer in Theology at Trinity College Theological School, the University of Divinity, where he taught undergraduates and graduates, and mentored students preparing for Anglican ministry. He is a member of the Council of the Diocese of Melbourne, the Council of the University of Divinity, the Council of Melbourne Girls’ Grammar School, a Director of the Melbourne Anglican Trust Corporation and a Director of the Melbourne Anglican Foundation.

The Rev’d Ruth Mathieson, Co-ordinating Chaplain and Head of Religion and Values Education, Trinity College, Gawler

Ruth Mathieson is currently chaplain and teacher at Trinity College, Gawler in South Australia. Trinity College is one of the schools in the north of the greater Adelaide area, which, in partnership with Northern Connections and the local councils is exploring how engaging with positive psychology may assist developing healthy communities, especially with the forthcoming closure of the Holden Factory. In July, Ruth will take up a PhD scholarship to study the issues of inclusion and exclusion in the missing wedding garment in the parable of the wedding feast in Matthew’s gospel.

The Rev’d Dr Theo McCall, Chaplain, St Peter’s College, Adelaide

The Rev’d Dr Theo McCall is Chaplain at St Peter’s College, Adelaide, and works across the whole school (ELC to Year 12). He obtained his PhD in Theology from Flinders University and is a Board member and Adjunct Lecturer at St Barnabas’ College and Adjunct Lecturer at Charles Sturt University. As a chaplain and teacher at St Peter’s College and member of St Peter’s Woodlands Grammar School Council, Theo is keenly interested in the dialogue between systematic theology and positive psychology, particularly from a practical point of view in delivering chaplaincy services and Religious and Values Education (RAVE) lessons. In October 2013 he attended a meeting in Canterbury of spiritual leaders and psychologists led by Professor Martin Seligman.

The Rev’d Andrew Mintern, Chaplain at St Peter’s Woodlands Grammar School and Senior Chaplain for Schools (Diocese of Adelaide)

Andrew has been an Anglican priest for 20 years. He has worked in parish ministry, spending much time in his last parish on family-focussed ministry. Over the past seven years he has served as a Junior School Chaplain in three Adelaide schools and is currently Chaplain at St Peter’s Woodlands Grammar School (Early Learning to Year 7). Andrew is also Senior Chaplain for Anglican Schools in the Diocese of Adelaide, serving the wellbeing of the some twenty plus school chaplains across twelve Anglican schools. A lover of stories, music and really weak jokes, Andrew enjoys worshipping with children in ways that are interactive, fun, relevant and purposeful for the spiritual wellbeing of child and adult alike.
Simon Murray, Headmaster, St Peter’s College, Adelaide

Simon Murray is the Headmaster of St Peter’s College, Adelaide. He has had 38 years of leadership experience in education. Prior to his appointment to St Peter’s College, Simon was Headmaster of Canberra Grammar School and Bunbury Cathedral Grammar School. Now in his twenty fifth year as Headmaster, Simon is actively engaged in mentoring newly appointed principals. In 2008 fellow principals elected Simon as Chair of the Association of Heads of Independent School of Australia serving from 2009 – 2011. He also served on the AHISA National Board for six years and has held State and Territory leadership positions in AISACT and AISWA. Simon was a Board member of the Independent Schools Council of Australia (ISCA) from 1999 – 2004. Simon was a member of the Diocesan Council in the Diocese of Bunbury from 1991 – 1998, the Diocesan Council and Ministry Executive in the Diocese of Canberra Goulburn from 1998 – 2004 and more recently a member of the Diocesan Council in the Diocese of Adelaide from 2012 – 2014. In 2008 Simon was appointed a Fellow of the Australian College of Educators in recognition of his leadership in the independent school sector. Simon is a Fellow of the Australian Institute of Management. Simon has presented at international conferences on wellbeing, leadership, cultural change and future directions in education. He has worked with the South Australian State government in advising on wellbeing and recently advised senior civil servants and ministers at No 10 Downing Street, London. In 2014 Simon was appointed a member of the global steering committee which aims to establish an international organisation for Positive Education. Simon was elected inaugural Chair of the Positive Education Schools Association (PESA) in 2012, a position he continues to hold.

Andrea Richardson, Behaviour Education Consultant, Catholic Education of South Australia

Andrea currently works across 38 schools in South Australia. Andrea facilitates the Child Protection Network, offering professional learning and support to schools. Andrea is involved in facilitating a trauma sensitive project with six CESA schools this year and has attended training through the Positivity Institute for ‘Positive Psychology’.

Stuart Traeger, Spiritual Development Leader for Lutheran Schools Association (SA, NT & WA)

Stuart’s main role is to support Lutheran schools in remaining authentically Lutheran. With 10 years experience as parish pastor and 10 years as a College pastor, Stuart brings experience as both a theologian and an educator to the theological underpinnings of pastoral care.

The Rev’d Chris Welsh, Chaplain, Canberra Grammar School

Chris Welsh has been a school master for 47 years, over half as a Head. This was sufficient to warrant a promotion, he thought, and so became a school chaplain over six years ago. Here, he is able to synthesise a teaching ministry with his passion for pastoral work. Chris conducts retreats for staff and speaks and writes on pastoral education and the spiritual life of schools, which he claims is critical to the wellbeing of community life.

Dr Mathew White, Director, Wellbeing & Positive Education, St Peter’s College, Adelaide

Dr Mathew White is Director of Wellbeing and Positive Education at St. Peter’s College, Adelaide, where he serves on the school’s Senior Leadership Team. He obtained his doctorate from the University of Adelaide and completed residential studies at The Principals’ Centre at Harvard’s Graduate School of Education. Mathew is a Senior Fellow in the Melbourne Graduate School of Education at the University of Melbourne, a Research Affiliate of the Wellbeing Institute at Cambridge University and an Adjunct Lecturer at the University of Adelaide’s School of Education. Mathew taught Religious and Values Education at Geelong Grammar School collaborated with Dr Peter Vardy and studied with Dr Robert Crotty. As an academic, he has published on the intersection between religious education and wellbeing, leadership and change in schools. He has advised corporate, non-profit, government, Catholic and Lutheran education systems on wellbeing integration strategies. In 2013 he was one of 16 speakers invited to present at No. 10 Downing Street, London on wellbeing matters. In 2014 Mathew was invited present on “New Thinking in Education” to participants in the Governor’s Leadership Foundation Program designed for people who are already leaders in their field and who have demonstrated the potential to become future leaders in the State of South Australia. Mathew’s pro-bono work includes as adviser to Positive Education Schools Association (PESA), the Academic Committee at Adelaide’s largest University College - St Mark’s College, and the Melbourne based Reach Foundation’s Impact Committee.

The Rev’d Dr Mark Worthing, Senior Researcher with the ALC’s Australian Lutheran Institute for Theology and Ethics (ALITE)

Mark is Senior Researcher with the ALC’s Australian Lutheran Institute for Theology and Ethics (ALITE) and is currently working closely with LEA on a number of projects involving Lutheran education. Mark is a theologian and pastor of the LCA and a former senior research fellow with the Graeme Clark Research Institute.
## Monday 29 September 2014

The plenary sessions at the conference will be held in the St Peter’s College Junior School Function area.

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<th>Time</th>
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<tr>
<td>8.00am</td>
<td><strong>Registration</strong> – Junior School</td>
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<tr>
<td>8.00am</td>
<td><strong>Morning Prayer</strong> – Chapel, St Peter’s College</td>
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<tr>
<td>8.45am</td>
<td>Welcome from Simon Murray, Headmaster, St Peter’s College, Adelaide and The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College, Adelaide</td>
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| 9.00am | **Keynote Address:** *Christian Theology and Positive Psychology: An Exchange of Gifts*  
Ellen Charry, Margaret W Harmon Professor of Theology, Princeton Theological Seminary |
| 10.00am| Q & A facilitated by Dr Mathew White, Director of Wellbeing & Positive Education, St Peter’s College, Adelaide  
Panel Members:  
• The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College, Adelaide  
• Professor Ellen Charry, Margaret W Harmon Professor of Theology, Princeton Theological Seminary  
• The Rev’d Dr James McEvoy, Senior Lecturer, Australian Catholic University, Adelaide  
• The Rev’d Dr Mark Worthing, Senior Researcher, Australian Lutheran Institute for Theology and Ethics, Adelaide |
| 10.30am| Morning Tea                                                           |
| 11.00am| **Workshop Stream 1**                                                 |
|       | **Education**                                                        | **Bible Theology**                                           | **Psychology**                                            |
|       | E1 Faith, Emotion and Wellbeing: A Modern Educational Imperative     | B1 “And God saw it was Good”: The Creation of Wellbeing and the Wellbeing of Creation  
The Rev’d Chris Welsh  
The Rev’d Canon Dr Matthew Anstey |
|       | E2 I Wish That All Children Should Sing” (Martin Luther): Music, Education and Wellbeing  
The Very Rev’d Andreas Loewe |
|       | B2 Nurturing Dignity: Supporting Children to Live and Learn Restoratively  
Michael Lincoln |
|       | P1 The Wellbeing Triad: The Spiritual, Psychological and Physiological Connection of Emotional Wellbeing in Adolescents  
Dr Ivan Atkinson |
|       | P2 The Spirituality of St Ignatius Meets the Science of Positive Psychology  
Alexandra Gorman |
<p>| 11.45am| Move to Plenary                                                      |</p>
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| 12.00pm | **Plenary Session:** *Does Positive Psychology leave room for the Christian Doctrine of Sin*  
The Rev’d Dr Mark Worthing, Senior Researcher, Australian Lutheran Institute for Theology and Ethics, Adelaide |
| 12.45pm | Lunch                                                                 |
| 1.45pm | **Workshop Stream 2**                                                 |
|      | **Education**                                                        | **Bible Theology**                                                                  | **Psychology**                                                                  |
|      | E3 Wellbeing Worship for Children – A Few Waymarks                   | B3 Theological Problems: The Issue of Salvation in the Context of Positive Theology |
|      | The Rev’d Andrew Mintern                                             | The Rev’d Dr Theo McCall                                                            | P3 Positive and Prospective Psychology: Are we Numinously Called to our Destinies?  
The Rev’d Dr J Harold Ellens |
|      | E4 Junior School Education and Character Strengths: linking William Wilberforce and Jesus  
Susie Brooke-Smith | B4 Shalom, Gospel and the Mission of God  
The Right Rev’d Dr Tim Harris | P4 Beyond Wellbeing: The Contribution of Christian Spirituality to Human Flourishing  
Dr Stuart Devenish |
|      | B5 Can Spiritual Wellbeing be Measured?  
Stuart Traeger and  
The Rev’d Dr Mark Worthing |                                                                                   |                                                                                  |
| 2.30pm | Move to Plenary                                                      |
| 2:45pm | **Plenary Session:** *Theology of the Child: Creation, Grace and Salvation*  
The Rev’d Dr James McEvoy, Senior Lecturer, Australian Catholic University, Adelaide |
| 3.30pm | Afternoon Tea                                                        |
| 4.00pm | Reflection by The Rev’d Canon Dr Matthew Anstey, Principal, St Barnabas’ College, Adelaide |
| 4.30pm | Day concludes                                                        |
| 7.00pm | Pre-dinner drinks – Senior School Common Room – Old School House, Enter via Hackney Road Gates |
| 7.30pm | Conference Dinner – Da Costa Dining Hall, St Peter’s College  
MC: Simon Murray, Headmaster, St Peter’s College, Adelaide  
After Dinner Speaker – Geraldine Doogue AO, Australian Journalist, Radio and Television Host, Compass, ABC TV |
| 10.00pm | Evening concludes                                                   |
Tuesday 30 September 2014  
St Peter's College Junior School

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<td>8.00am</td>
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<td>8.15am</td>
<td>Morning Prayer</td>
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| 9.00am  | **Keynote Address:** *Between Flourishing and Languishing: Testimony from Psalms*  
Ellen Charry, Margaret W Harmon Professor of Theology, Princeton Theological Seminary  |                                                                           |                                                                              |                                                                            |
| 10.00am | Q & A facilitated by The Rev'd Dr Theo McCall, Chaplain, St Peter's College, Adelaide  
Panel Members:  
• Mary Carmody, Senior Education Adviser, Leading Learning, Catholic Education Office, Adelaide  
• Professor Ellen Charry, Margaret Harmon Professor of Theology, Princeton Theological Seminary  
• The Very Rev'd Dr Andreas Loewe, Dean of Melbourne, St Paul's Cathedral, Melbourne  
• Stuart Traeger, Spiritual Development Leader, Lutheran Schools Association of SA NT & WA  |                                                                           |                                                                              |                                                                            |
| 10.30am | Morning Tea                                                                               |                                                                           |                                                                              |                                                                            |
| 11.00am | **Workshop Stream 3**                                                                     | E5: Positive Psychology in the Secondary School Curriculum: Exploring Humanity's Meaning and Purpose Through a Cross-curricular Program  
Emily FitzSimons                                                                                              | B6: Mary's Role as the Fulfilment of God's Grace  
Dr Mathew White                                                                                             | P5: Positive Psychology and Incarnation: What Does Disability Experience Tell Us?  
Dr Lorna Hallahan                                                                                           |
|         |                                                                                           | E6: Opportunities and Challenges of Embedding Positive Psychology in a Lutheran School  
Tim Kotzur                                                                                                 | B7: Telling it Like it Is: Lament in Times of Crisis and Suffering  
Dr Liz Boase                                                                                               | P6: Positive Psychology and the Virtues of Forgiveness, Gratitude and Hope: A Theological Critique  
Dr Liz Gulliford                                                                                           |
|         |                                                                                           | E7: Building Positive Relationships Within Our Classrooms  
Andrea Richardson and Lynda Garwood                                                                             |                                                                              |                                                                            |
| 11.45am | Move to Plenary                                                                            |                                                                           |                                                                              |                                                                            |
| 12.00pm | Plenary Session: The Spirit of Forgiveness: Moving Beyond the Hurt  
Eileen Young, Principal, St Mary's College, Adelaide                                                            |                                                                           |                                                                              |                                                                            |
| 12.45pm | Lunch                                                                                      |                                                                           |                                                                              |                                                                            |
## Workshop Stream 4

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<td><a href="#">E8</a></td>
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<td><strong>Slum Survivor: Fostering Empathy and Resilience Through a Slum Simulation Experience</strong></td>
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<td>The Rev'd Ruth Mathieson</td>
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<td><strong>The Christian Calendar of Celebrations and Festivals: A Framework for character strengths based practice in schools</strong></td>
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<tr>
<td>2.30pm</td>
<td><strong>Move to Plenary</strong></td>
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<td>2:45pm</td>
<td><strong>Plenary Session: Hoping to Flourish with a Broken Body</strong></td>
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<td><em>Associate Professor Shane Clifton, Dean, School of Theology, Alphacrucis College, NSW</em></td>
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<td><strong>Panel Members</strong></td>
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<td>• Anne Johnstone, Principal, Seymour College, Adelaide</td>
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<td>• Tim Kotzur, Principal, St Andrew’s College, Gold Coast</td>
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<td>• The Very Rev’d Dr Andreas Loewe, Dean of Melbourne, St Paul’s Cathedral, Melbourne</td>
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<td>• Simon Murray, Headmaster, St Peter’s College, Adelaide</td>
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<td>• The Rev’d Chris Welsh, Chaplain, Canberra Grammar School</td>
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<td>4.50pm</td>
<td><strong>Conference Wrap Up and Conference Conclusion</strong></td>
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<td>The Rev’d Canon Dr Matthew Anstey, Principal St Barnabas’ College &amp; Canon Theologian, Diocese of Adelaide</td>
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<td>5.00pm</td>
<td><strong>Day concludes</strong></td>
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## SOCIAL EVENTS

### Conference Dinner

**Venue:** Da Costa Dining Hall  
St Peter’s College, Adelaide  
**Date:** Monday 29 September, 2014  
**Time:** 7.00pm  
**Dress:** Smart Casual  
**Cost:** Included in full registration  
**Extra Tickets:** $70.00  
**Provided:** 3 Course meal and drinks  
**Conference Dinner Speaker:** Geraldine Doogue
GENERAL INFORMATION

CONFERENCE VENUE St Peter’s College Junior School
(entrance via North Terrace)

St Peter’s College is an Anglican boys’ school situated in Adelaide, South Australia founded in 1847. Whilst much has changed during the 167 years that they have been educating boys, as the founders recognised, St Peter’s College has long understood that building character is as important as fostering intellect. Accordingly, St Peter’s College remains uncompromising in our commitment to be at the forefront of boys’ education, aspiring to be a truly world-class school where each boy flourishes.

DRESS CODE

Dress for the conference is smart casual.

DIETARY REQUIREMENTS

All dietary requirements can be catered for if ordered in advance. Please include any special requests you may have on your registration form. You may need to make yourself known to catering staff during the Conference if you have special dietary needs. Please look for the table with “Special Diets” in the catering area.

AIRPORT TRANSFERS

The Adelaide Airport is approximately 20 minutes from the CBD of Adelaide. There are taxis and hotel shuttle buses available and a regular public transport bus to the city and Glenelg. Please go to http://www.adelaideairport.com.au for more information.

WEATHER

Temperatures in Adelaide in September range from 6º to 18º so we suggest you bring some warm clothing especially for the evening.
CONFERENCE PARTNERS’ POLICY
We respectfully remind you that partners accompanying delegates are not eligible to attend conference sessions and do not qualify for refreshments and lunches during the day unless they have registered. Any partner wishing to attend events not previously selected and paid for in his or her registration may do so at the Conference Registration desk. We would be pleased to accommodate any requests where possible.

CANCELLATION POLICY
Registration cancellations will not be accepted unless made in writing. Cancellations made before Monday 1 September 2014 will be refunded less 25% of the Conference Registration fee, to cover administration costs. No registration refunds will be given after this date.

PROGRAM DISCLAIMER
The speakers, topics, and times are correct at the time of publishing; however, in the event of unforeseen circumstances, the organisers reserve the right to alter or delete items from the conference program.

PRIVACY ACT
In registering for this conference, relevant details will be incorporated into a delegate list for the benefit of all delegates and may be made available to sponsors (subject to strict conditions). By completing this registration form, you acknowledge that the details supplied by you may be used by these organisations. Should you not wish your details to be used for these purposes, please tick the box on the registration page.

CONFERENCE MANAGER
Please refer any registration queries to:

Ros Christie or Katrina Daymond
BCC Management, Level 1, 370 Bay Street, Port Melbourne Vic 3207
Ph: +61 3 8679 5460 Mob: 0400 964 696 Fax: +61 3 8679 5469
Email: info@bccm.com.au
Website: www.bccm.com.au

ONLINE REGISTRATION
https://www.secureregistrations.com/PPT2014/