Professional Certificate in Education (Positive Education)
Fostering Optimal Learning through Positive Education

Imagine a learning environment that mobilises individual strengths and enhances well-being and performance in innovative ways. These are the results of applying positive psychology in education. Many schools are now introducing positive principles to nurture the whole person – with both students and staff.

The Professional Certificate in Education (Positive Education) provides a foundation in the science of positive psychology and its application in education settings. It brings together the science and practice of positive psychology to promote optimal learning environments.

About the course
This is the first postgraduate course of its kind in Australia, and is ideal for participants who are new to Positive Education or may have already undertaken some introductory professional development in the area. The Professional Certificate brings academic rigour to your learning. Offered under the auspices of the new Centre for Positive Psychology in the Melbourne Graduate School of Education, the teaching team provide a strong mix of theory and practical teaching experience. The importance of an evidence-based, systems perspective to working in education is emphasised throughout the course.

The course consists of two subjects:
• **Introduction to Positive Education** introduces the science of positive psychology as it applies to education. It looks at the brain-science underpinning learning and development and it introduces a range of wellbeing frameworks including PERMA (positive emotions, engagement, relationships, meaning, and accomplishment). In addition, a number of important factors associated with well-being such as resilience, hope and gratitude will be discussed.

• **Building Positive Education Communities** explores how educators can initiate and lead positive change, and develop an evidence base to demonstrate impact, ensuring that change is embedded in their learning institution. Positive change will be discussed in relation to curriculum and pedagogy as well as to whole school approaches. Methods of evaluating change and strategies for influencing policy will also be examined.

Successful completion of the Professional Certificate may assist when applying for a Master of Applied Positive Psychology and may give you credit towards a Master of Education.

Delivery mode and time commitment
Each subject will be delivered intensively, including an initial 2-day session followed by a 1-day session with some online interaction between sessions.

Assessment
Your assessment includes verbal and video presentations, and exercises that are workplace based, and will give you the opportunity to link the theory and practice to your work in the classroom, or in your school community more broadly.

ENROL EARLY - LIMITED PLACES!
Applications Close Friday, 1 August 2014
www.commercial.unimelb.edu.au/positiveeducation
Teaching staff
The course will be delivered by both staff and fellows of the Centre for Positive Psychology.

Associate Professor Dianne Vella-Brodrick is the Director of the Master of Applied Positive Psychology at the Melbourne Graduate School of Education. She is a registered psychologist with AHPRA and a member of the Australian Psychological Society. Dianne is an Editor-in-Chief of the Psychology of Well-Being journal, Secretary of the International Positive Psychology Association, and founder of the Monash-Melbourne Positive Psychology Network. She has received recognition for her outstanding teaching and supervision and is involved in a number of research projects investigating the well-being of young people in schools.

Associate Professor Lea Waters is the Director of Positive Psychology Programs (undergraduate) at the Melbourne Graduate School of Education. She is a registered psychologist (AHPRA, MAPS) and holds a PhD in Organisational Psychology (COP). She was awarded the Melbourne Graduate School of Education’s Teaching Excellence Award, 2011, and received a Citation for Outstanding Contributions to Student Learning from the Australian Government’s Office for Teaching and Learning in 2013.

Honorary Fellows:
Dr Mathew White is a Fellow at the Melbourne Graduate School of Education and a Research Affiliate in the Well-being Institute at the University of Cambridge. He obtained his PhD from the University of Adelaide and completed residential studies at The Principals’ Centre at Harvard Graduate School of Education. He is currently Director of Wellbeing and Positive Education at St. Peter’s College, Adelaide, where he serves on the School’s Senior Leadership Team.

Ms Michelle McQuaid is a fellow at the Melbourne Graduate School of Education. She completed her Master of Applied Positive Psychology at the University of Pennsylvania with Martin Seligman, the field’s founder, and is currently completing her PhD on organisational play.

Other Teaching Staff: A variety of experts will be involved in the delivery of this professional certificate including Therese Joyce a graduate from the UK positive psychology masters program and staff from schools who are leading the way in Positive Education such as Geelong Grammar School, St Peter’s College and the Peninsula School. Experts in policy and curriculum development/pedagogy will also be involved in the program delivery.

Who should enrol?
The course is designed for educators, youth workers, health professionals and administrators who are working in schools and other education settings where young people learn.

How to enrol in the course
Entry requirements
You must have one of the following to be eligible to apply:
• an approved degree and an approved teaching qualification, or
• an approved four-year teaching degree, or
• an approved equivalent qualification which is recognised by the Graduate School as evidence of adequate preparation for the course and a record of professional or teaching experience in a field and at a level acceptable to the Melbourne Graduate School of Education.
You do not need to be teaching currently, but a background in teaching is recommended.

Costs
Course pricing for the Professional Certificate in 2014 will be $4,920 per person. You may be eligible for the FEE-HELP loan program, an Australian Government loan scheme that helps you defer all or part of your tuition fees. You do not need to repay the loan until your income reaches a minimum repayment threshold. For more information, visit www.studyassist.gov.au

Delivery locations in 2014
The course will be delivered in both Melbourne and Adelaide:

Melbourne: University of Melbourne, Parkville

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<th>Building Positive Education Communities</th>
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Adelaide: St Peter’s College, Adelaide

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<td>1. Fri 15 and Sat 16 August</td>
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To apply for this course please visit www.commercial.unimelb.edu.au/positiveeducation

Who to contact with questions
About the course/content:
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